

Late Fall 2007 Newsletter

Volume 25, Issue 6

SVBC OFFICERS

President: Ben Wyse 432-3696
Vice-President: Jack Leetun 234-9934
Secretary: Marshall Hammond 434-1609
Treasurer: Marcia Lamphier 432-3312

UPCOMING MEETINGS

PLEASE NOTE: The December meeting will be on Tuesday December 11th at 7:30 upstairs at Dave's.

September 2007 Club Meeting Minutes

The SVBC met at El Charo's (due to the demise of Luigi's south) at 7:30 PM on Monday September 10th. Vice President Jack Leetun called the meeting to order although President Ben arrived a bit late. There were 20? members present (I couldn't see to the end of the table to be sure). WOW!!

Treasurer's Report:

Balance	\$4815.66
Expenses	\$425.72 (mostly Century "stuff")
Receipts	\$1458 (3 family memberships and partial Century proceeds)

Art presented a brief Century Fun Numbers Report, with a full wrap up planned October 3rd, 7:30 at Carl's (745 S. Dogwood). There were 272 PAID riders, 315 pre-registered, 52 no-shows, 9 registered the day of, 38 water bottles left, \$309 in donation jar. The water bottles are for sale at SBC, \$10, first come first served. The injury to the Century rider on the south Main RR tracks was discussed. Some members are planning to write to the newspaper to lodge a protest. One member suggested a sit-down simulated mass crash at the crossing (the club has no official stance on that, but....). There will be more numbers and Century facts to come. Pictures from the Century will be available on the SVBC web page. Check often for updates.

The TRASH PICK-UP date has been set for October 20th and a rain date of October 27th. Meet at the intersection of Amberly and Skidmore north west of town for an hour of pick-up and at Food Lion parking lot Harmony Square at 10:30 for a road ride.

Discussion about a new meeting place was postponed until other options become available. The next meeting will be El Charo's on south Main, next to Mark's Bicycle Shop but the time will change to 7PM for the remainder of the year. Any suggestions for a permanent meeting location can be forwarded to Marshall or any officer.

Everyone enjoyed the latest issue of the newsletter. Great work Matt. It was suggested a direct link to the newsletter on the web page be included in the distribution e-mail. Robert has been notified of this request. The next issue will be before the SMBC Festival held the weekend of October 12-14th.

SMBC news lists the SMBC Festival as mentioned on the weekend of October 12th-14th. Registration is open on-line or by mail. Go to shenandoahmountainbikeclub.com for details.

Weekly rides: Wed. going strong, thanks Marcia, Thursday not so strong, What's up?, Sunday Bridgewater strong, Sunday slower later alternate has some growing pains, call around before committing to that one (Carl or Jody H.).

SVBC(alition) steering committee reports continued discussion around non-profit status for the combined group. This came about with the grant for trail work from DCR. Soon there will be a huge need for folks to step up to be board members and officers. The next meeting is October 3rd.

Great meeting and new faces!!
Respectfully or otherwise submitted,
Marshall
Sec. SVBC

October SVBC Meeting Minutes

The SVBC met at El Charo's (due to the demise of Luigi's south) at 7:00 PM on Monday October 8th. President Ben Wyse called the meeting to order. There were 16 members present. Noise level approximately 105 dB.

Treasurer's Report:

Balance	\$5094.40
Expenses	\$148.82 (web site domain annual fee and postage)
Receipts	\$45.00 (1 family and 3 individual memberships)

Final Century financial report is available through Art. Briefly total income was \$3373.00 and expenses \$ 4163.00 for a net loss of \$790.00. Retail sale of remaining water bottles will bring the net loss closer to \$410.00 or about \$1.50 per rider.

The **TRASH PICK-UP** date has been set for **October 20th** and a rain date of October 27th. Meet at the intersection of Amberly and Skidmore north west of town at 9AM for an hour of pick-up and at Food Lion parking lot Harmony Square at **11:00** (change from September minutes) for a road ride. Contact Jack Leetun for details.

Weekly Ride Update:

Wed Group Ride from HHS 5:15. Last ride for the season October 24th.

Wednesday Night Ride: contact Cowles if interested

Sunday: Bridgewater College 9AM for Oct. pace slightly faster than Wed.'s contact Rich Harris

Sunday: Harmony Square 9AM pace similar to Wed.'s contact Carl Droms

Special Ride: Alley Cat October 20th. Pirate Theme. 8PM meet at Court Square.

SMBC News. Festival October 12th-14th, Stokesville Campground. A weekend of riding the trails of the GW, trail work on Narrowback, camping, food, fun. Register at the campground the day of.

Trail work will finish the season at Hillandale Park trails. 5:00 at the trail head or on the trail.

Advocacy Report. Three main projects seem to be the largest discussion topics. Connect Middle School to Neyland Ave., Arboretum Trail completion to Neff Avenue, and signage for Bike Routes. A lot of positive energy is evident at the meetings and hopefully will transfer to actions.

Steering Committee. New board make-up is being finalized. A joint meeting Pot-Luck is being planned for Jan./Feb.

Other Business. The club agreed to put an entry in this year's Christmas Parade scheduled for Dec. 7th. November club meeting will ask for someone to head the project. Anyone with interest please contact one of the officers to volunteer.

THMS has a biking class of 25 students and needs volunteers to assist the teacher on off campus bike rides. Interested members should contact THMS.

Respectfully or otherwise submitted,
Marshall
Sec. SVBC

November SVBC Meeting Minutes

The SVBC met at El Charo's (after looking long and hard for an alternate location) at 7:00 PM on Monday November 12th. Vice President Jack Leetun called the meeting to order. There were 15 members present. Noise level approximately 90 dB. More members were present but unable to join OUR meeting due to ANOTHER dinner obligation (Kyle).

Treasurer's Report:

Balance	\$5064.40
Expenses	\$30 (Adventure Cycling subscription for the library)
Receipts	\$33.00 (1 family and 1 individual membership)

First order of business was a discussion about combining the web pages of the SMBC and SVBC under the domain name of SVBCoalition.com or org. Leighton is looking into a program to allow web access for individuals to post information. Hopefully this will take place 1st quarter of 2008.

There will be a November newsletter coming out soon. The SVBC is looking for a new newsletter editor as Matt will be giving up this position in March. Thanks Matt for your service until then and for you time the past year. Anyone interested in helping with the newsletter contact Marshall or Matt.

The club is still looking for a meeting location that will allow a social gathering but be conducive to conducting

business. PLEASE NOTE: The December meeting will be on Tuesday December 11th at 7:30 upstairs at Dave's. This will be a combined meeting with the SMBC.

A reminder of the weekly rides:

Saturday- Shank's Bakery, 9AM, 18-20 mph, 3-4 hours, contact Matthew or Jeremiah

Sunday- Wildwood Park, 9AM for November, 15 mph, contact Rich Harris

Sunday- Harmony Square, 9AM for November, more moderate pace, contact Carl Droms

Thomas reported on SMBC news. Please remember the Massanutten West Slope is closed for the year, except on Sundays. Tickets for trespassing are being written. The Big Run Project (Narrowback) has been decided and the input from SMBC reflects positively on this decision.

The Bike/Pedestrian Committee met earlier in the month. Emphasis will be on a connector path from Westover Park to Thomas Harrison Middle School to Hillandale Park. Also the path through the Arboretum is almost finished. Signage for the EMU/JMU bike route is in progress.

Respectfully or otherwise submitted,
Marshall Hammond
Sec. SVBC

Century Report

It is hard to believe it was only 25 years, the SVBC was having its 3rd meeting or so (1st for me) & I (stupidly) asked, "do you guys plan to run a Century in September?" Seems almost like yesterday. But I am brought back to reality when I glance at some of the old registration signs that were made on the back of our kid's diaper boxes.

Alas, our quarter century of Century bicycle rides, SVC25, is now history; it was a great celebration. Was it successful? Absolutely! Of course, measuring success is in the eyes of the beholder & can be very subjective. But my main measuring stick is did people have fun – and based on what I saw, everyone had a ***** good time (***** means fill in your favorite adjective). Beyond that, there were no major mishaps, weather was good, food was great, and we may even come close to breaking even financially.

In all we had 272 registered riders, easily more than we have ever had previously. Of those, 34 rode at least 25 miles, 92 at least 50 miles, 28 at least a metric century (62 miles) and 105 rode the century. And my hat is off to the five who took on the extra loop for a double metric century – not because of the extra miles, but because they were able to return to Hillandale, see & smell the paninis & other goodies, watch people laying back & relaxing, and still head out for another 20+ miles.

Having the water bottle giveaway & door prizes was fun. Thanks once again to all our sponsors: Branner Printing,

East Coast Bicycle Academy, Gripped Films, Laughing Dog Productions, Mark's Bike Shop, Mole Hill Bikes, Mr J's Bagels & Deli, Sharon Rose, Shenandoah Bicycle Company, Strawderman Photography, The Sole Source, Valley Ballooning & Wilderness Voyagers.

Also, thanks to all volunteers, especially those who helped the day of the ride: Mary Atkins, Pete Bsumek, Kari Carpenter, Barbara Carson-Campbell, Dave Frye, Sue Gier, David Hamilton, Marshall Hammond, Dennis Herr, Jody Hess, Julie Jenkins, Marcia Lamphier, Paul Lindblad, Robyn, Patrick & Dayne Mauney, Bill McAnulty, Brent McNett, Neups, Robin Neupauer, Connie Peterson, Amy Potter, Andy Ringgold, Sharon Rose, Woody Strawderman, Jason W from SBC & my wife Kathy (for helping the day of the ride & for putting up with all the century crap strewn about the house for another year).

Two parting thoughts:

extra water bottles will be for sale at Shenandoah Bicycle Company downtown – they make great holiday gifts

toilet paper? – so.....what do you expect for a piddly \$4?

Cheers,
Art

SVBC Fall Trash Pick-up Day

Eleven hearty souls gathered at the intersection of Amberly and Skidmore Roads for the fall adopt-a-highway trash pick-up on Sat. October 13th. Trash leaders Bain and Jack brought the needed supplies and a special added bonus of treats for trash. Bain gave the group added incentive to move down the road by placing bags of treats along the road. Everyone found at least one bag and it is rumored Jack and Seth were on a chocolate high for days. A "found" ball provided entertainment for the walk back

to the starting point with an impromptu game of soccer. Now we know why Neups was in the band.

The after pick up ride was attended by 4 riders on three bikes as M&M used the ride as their tandem day accompanied by Carl and Audrey. A very beautiful 30 mile route to the north and east showed off the beautiful Massanutten Mountain.

Thanks to everyone who helped and especially to Bain for the treats. Fun time.

SMBC November 2007 Meeting Minutes

Presidente Thomas Jenkini was the presiding officer. There were 15 members present at one time or another.

➤ Financial Report:

- Account Balance: \$15107.38
- Income:
 - \$430 Massanutten Hoo-Ha check refund from NORBA. Thanks Kenny and George
 - \$80 donation
 - \$67 Six Pack Invitational
 - \$130 Membership dues
 - **\$4630 Net Festival Income WOW!**
- Expenses:
 - \$25.00 Monthly meeting
 - \$200 Annual insurance premium
 - \$53.50 First Aid Kit for trail work and other club activities
 - \$110 Last Ladies and last Social Ride pizza parties.

➤ Upcoming Event:

- Turkey Trot or Pedal- Thursday Nov. 22nd. 9AM at Greenmount Church. Entry fee is canned food for the area food bank. Prep for the big feed by running or biking on Thanksgiving morning. Contact Kristen or Steve R. for questions.

➤ Massanutten Update

- Reminder- trails are closed except for Sundays. Tickets and trespassing citations are being written. Keep the Nut on our side and your body free of holes, stay clear.
- The first attempt at the Upper Homestead Trail has begun. This will connect the eastside of the road from the Homestead to the Overlook.
- Can Massanutten do a "fee for pass" plan?

➤ GWNF Update

- Big Run project Alternative 2 was approved and will begin this winter/spring. This option was influenced by comments from mountain bikers

and the impact on trails. All in all a good step to get some new and re-routed trails after all is said and done.

- DCR Grant has been received. 12 projects to be completed in the next 3 years which include:
 - Mud Pond, Wolfe Ridge, Narrowback, parts of the SMT, and Road Hollow
- IMBA Trail Solutions (Rich) gave a presentation to Forest Service personnel about trail maintenance. It was well received and many positive comments came out of the meeting. They are on our side for many improvements.

➤ Rocktown Trails

- New Blue/Green Loop is opened
- **Communicate to all users to stay off the trails when they are wet.**
- New pump track building begun this week. Thanks to IMBA Trail Care Crew. Support their work, become or renew your membership in IMBA. They do a lot of good work for mountain biking.
- Dept. of Parks and Rec. is really coming through with any help requested. 100% support from the city.
- Someone needs to step up to plan and lead a running/walking event at Hillendale to raise money for the club.

➤ Club Merger

- Steering Committee recommendations due in January.
- One temporary board and officers for both clubs.
- Again a combined Pot Luck in Jan.-Feb.
- Many areas of interest will need leaders, brochure, newsletter, web site, etc.

➤ **Combined meeting for SVBC/SMBC. Note time and date for December:**

- **Tuesday December 11th @ 7:30. Dave's**
- **This is one week earlier for the SMBC and a day later for the SVBC. Please pass along to others.**

SCHEDULE OF EVENTS

- SATURDAY** SHANK'S BAKERY RIDE, 9AM, 18-20 mph, 3-4 hours, contact Matthew Wikswa(434-242-3693) or Jeremiah Bishop (540-246-3833)
- SUNDAYS** BRIDGEWATER RIDE Rides leaving from Wildwood Park at 9 am. We ride 40-50 miles, or 2-3 hours+ to have fun! Please contact Rich Harris, 828-2380, e-mail harrisra@jmu.edu for latest ride information.
- SUNDAY ALT. RIDE** Jodi Hess and Carl Droms will be leading a ride on Sunday for those of us who want to ride at a somewhat slower pace. We will meet at Mr. J's at Harmony Square (Food Lion north) on Sunday at 9:00 AM. Plan on something similar to a Wednesday ride in pace and distance.
- JANUARY 1** ANNUAL ICICLE BIKE RIDE. 12:00. Bring in the New Year with the Club's first scheduled ride. We will leave from Wildwood Park in Bridgewater for an approximately two-hour ride on paved/gravel roads. Bring your mountain, cross, or bigger-tire road bike. Route choices will be influenced by the weather. (True road bikes may be an option if unseasonably warm.) If cold enough, a stop for hot cocoa at the end of the ride may be an option. For more details, or if weather is questionable, call Bill at 828-6635. You may also contact Marcia or Marshall (432-3312) for details.

Calls for Cash: Send us your old Cell Phone!

The East Coast Greenway Alliance has teamed up with AmericanCellPhoneDrive.org to raise money for the Greenway. If you have an old cell phone lying around, just mail it in to us and we'll turn your phone into dollars for the ECG! Contact tanja@greenway.org for more details.

ALL THE AREA SHOPS CONTRIBUTE TO THE CLUB

Thanks to

Mark's Bike Shop

Mole Hill Bikes

Shenandoah Bicycle Company

East Coast Bicycle Academy.

Please support these local shops.

Printing courtesy of Basil E Hangemanole, Realtor. ERA Kline & May

REMEMBER that the Newsletter is available for delivery via e-mail, or regular mail. The same can be said for articles submitted for the Newsletter. The deadline for articles is the second to last Monday of the month. Just e-mail to news_editor@svbikeclub.org. You may use the Club's P.O. Box 1014 for regular mail. Thanks.

SMBC NEWS AND HAPPENINGS

Meeting on the third Tuesday of every month at 8pm at Dave's Downtown Taverna.

SVBC ACTIVITY COORDINATORS

Century:.....Art Fovargue 433-9247
Newsletter:Matthew Styer 560-2844
Advocacy:.....Len Van Wyk 432-0138

Web page: www.svbikeclub.org
Message group: <http://groups.yahoo.com/group/svbikeclub>
Ride board: www.websitereactions.com/Rideboard

Shenandoah Valley Bicycle Club Membership Application

Please Type or Print

Name(s): _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ e-mail: _____

Annual Dues _____ Individual \$10.00 _____ Family \$15.00 _____ Send Newsletter by e-mail? _____

_____ Joint Shenandoah Mountain Bike Club membership Annual Dues: Individual \$5.00 _____ Family \$8.00 _____

I am interested in (one or more of these activities):

<input type="checkbox"/> Commuting/Utilitarian Riding	<input type="checkbox"/> Touring	<input type="checkbox"/> Mountain Biking
<input type="checkbox"/> Riding for Fun & Fitness	<input type="checkbox"/> Racing	<input type="checkbox"/> Ride Committee
<input type="checkbox"/> Time Trial Committee	<input type="checkbox"/> Century/Festival Comm.	<input type="checkbox"/> Newsletter Committee
<input type="checkbox"/> Advocacy	<input type="checkbox"/> Others (list) _____	

INSURANCE RELEASE

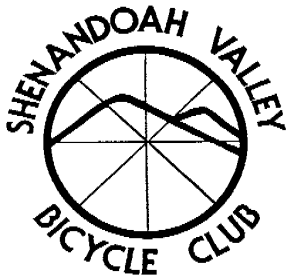
In signing this release for myself, or the named entrant, I hereby agree to absolve and hold harmless the Club, the Club officers, the members, and any other connected with events sponsored by the Club in any way whatsoever, for blame or liability for any injury, misadventure, harm, loss, or inconvenience suffered. I understand that the Club is not responsible for, and is not an insurer of, my personal safety. I also hereby consent to and permit emergency medical treatment in the event of injury or illness. I shall abide by traffic laws and practice courtesy and safety in bicycling, including wearing an approved helmet at all times.

Member Signature

Date

Signature of parent/guardian (under 18)

Send to Shenandoah Valley Bicycle Club, P.O. 1014, Harrisonburg, VA 22803-1014



P.O. Box 1014
Harrisonburg, VA 22803-1014