UPCOMING MEETINGS

April 10  5:30pm  Pre-meeting ride starting at Luigi’s.
7:00pm  Monthly meeting at Luigi’s.

WELCOME BACK RETURNING MEMBERS
Steven Hostetler  Harrisonburg
Thank you for your continued support of the Club.

TRASH PICK-UP AND RIDE
We’ll do our Adopt-A-Highway trash pick-up on Saturday, April 8, at 9am. We start at the Penn Laird Post Office on Route 33, just west of Keezletown. Following the pick-up, we will meet at the Montevideo Middle School for a 30-mile ride.

If you can’t make the trash pick-up, but would like to meet us for the ride, we should be at the school around 10am. For more details, please contact Neups (434-1878) or Marcia (289-6712).

SHENANDOAH VALLEY BIKE FESTIVAL 2000
The dates have been set for the 2000 SV Bike Festival – July 29 & 30. Please mark your calendar. The Bike Festival Committee could REALLY use your support this year. We are asking Club members to volunteer with the committee work as well as being ride volunteers for the weekend or rides. We have a core group of folks on the committee. However, we could use YOUR help. There is plenty of work to be done to make this year’s event a success. Please contact one of the following committee members. THANKS!!

Dan Finseth  (e-mail: dafinseth@rockinghamgroup.com or 438-8063)
Rich Harris  (e-mail: harrisra@jmu.edu or 828-2380)
Marcia Lamphier  (e-mail: marcilamphier@hotmail.com or 289-6712)

WEDNESDAY EVENING RIDES
Wednesday, April 5, will be the start of the 2000 season for Wednesday evening rides. We leave from the Harrisonburg High School parking lot (Route 42 – 395 S. High St.) at 5:15pm. 1-1/2 to 2 hour ride at a B-pace. Call Marcia (289-6712) for more details.

Mark’s Bike Shop, Blue Ridge CycleWorks, and Mole Hill Bikes all contribute to the cost of the monthly newsletters.
Please support these local shops.
(Also underwritten by R.R. Donnelley & Sons Company)
CLASSIFIEDS

FOR SALE: GT Pro Freestyle Tour, Cro-Mo frame, perfect condition, $250. Call Scott at 248-5810.

FOR RENT: Tricosports bike case/carry. Good for transporting your bike on plane, train, or bus anywhere in the world. Contact Dick Wettstone at 434-9430 (work) or 433-4884 (home).


WANTED: A solid bicycle suitable for a pre-teen. Call Len at 432-0138.

TIDBITS

A coworker just reminded me of something that all cyclists should be aware: sometimes horses are easily spooked by bicycles. He was out recently on the road with his mare and a bicycle came whizzing by—even though he signaled the rider to slow down. The horse heard the unfamiliar sound of a bike, panicked, and almost jumped into its path. And yet a little while later, a passing motorcycle barely got her attention. So remember, horses are unpredictable; slow down; get off your bike if necessary—it’s in everyone’s best interest.

Sue Gier
BED & BREAKFAST TOUR II

Mark Eckroth and I had such a good mini-vacation last year on our credit card tour that we’re looking to do it again this year. We’re looking at mid-August for our 2000 adventure. Though nothing is yet planned, we’ve had other riders show interest in joining. So if you have an inkling to go along, are ready to do some climbing, and can average 75 miles a day, give Neups a call. If we have enough people interested, we’ll have to get our reservations in early.

SCHEDULE OF EVENTS

Helmets are required on all club rides.

TUESDAYS 5:45pm Time Trials in Montezuma. Self-timed. First one for the year will be on April 4th.

WEDNESDAYS 5:15pm. 1 1/2 to 2 hours at a B-pace. Meet at the parking lot at Harrisonburg High School. Call Marcia at 289-6712 for more information. First one for the year will be on April 5th.

THURSDAYS 6pm Road Ride at Keezletown Elementary School. A good ride to try if you’re always in the front of the Wednesday night rides. We’ll try to ride mostly in pacelines. Possible earlier start time if desired by the majority. Call Neups at 434-1878 if you have any thoughts on this ride. First one will be on April 6th.

SATURDAYS 12 noon. We will continue the Saturday Rides throughout the season when there are no other scheduled rides on the calendar. As the weather becomes nicer, we will modify the starting time. Call Marcia (289-6712), Marshall (828-2950), or Bill T. (828-6635) for location and other details.

SUNDAYS Spring rides leaving from Bridgewater College at 10:00 am. This time of year these rides are generally on road bikes, but we switch to mountain bikes if the weather turns cold. We ride 2-3 hours to have fun! Please contact Rich Harris, 828-2380, e-mail harrisa@jmu.edu, or Dan Finseth, 438-8063, e-mail dafinseth@rockinghamgroup.com each Saturday for latest ride information.

April 8 9am. Trash pick-up. Please come help us pick up trash alongside the road at our area in Penn Laird. We’ll start at the post office. As always, this shouldn’t take too long. Also, we’ll do a 30-mile road ride afterwards. We’ll start at Montevideo Middle School at 10am for this. Call Neups at 434-1878 for more information.


April 29 7th Annual TarWheel Century. Elizabeth City, NC. Also 33-mile and metric century options. Call 252-330-4514 or visit them at http://www.racegate.com for more information.

May 19-20 Bike Virginia’s Tour de Chesapeake. Activities start the 19th, but the ride itself is on the 20th. Call them at 757-229-0507, visit them at http://www.bikevirginia.org, or e-mail them at info@bikevirginia.org for more information.

May 20 Tour de Cure. Curtis Memorial Park, Stafford County, Fredericksburg, VA. Minimum pledge of $150. Register by calling 1-800-582-8323 or online at http://www.diabetes.org/tour.

May 20 Hyannis Port Challenge, MA. Join Greg LeMond for 85 miles of riding. Call 1-800-718-3536 or e-mail bethc@bestbuddies.org for more information.

June 2-5 LAB Covered Bridge Rally, Bloomsburg, PA. Register online at http://www.bikeleague.org.

June 2-July 7 Bike South 2000. Tallahassee, FL to Charlottesville, VA.

June 10-11 12th Annual MS 150 Bike Tour. Bike to the Border. Charlottesville to the North Carolina border. Call them at 1-800-451-0373, visit them at http://www.vab.nmss.org, or e-mail them at mssocva@aol.com for more information.

June 30-July 3 LAB Minnesota Lakes and Rivers Rally, St. Paul, MN. Register online at http://www.bikeleague.org.

July 1-7 Bike Virginia’s Odyssey 2000. This is the fifth and final leg of BikeSouth 2000, starting in Winston-Salem and ending in Charlottesville. Call them at 757-229-0507, visit them at http://www.bikevirginia.org, or e-mail them at info@bikevirginia.org for more information.

July 8-15 Pedal Pennsylvania. Albany, NY to Philadelphia. 500 miles. Call them at 215-561-9679, e-mail them at bobi@pedal-pa.com, or visit them at http://www.pedal-pa.com for more information.

July 9-14 Coastal Tour, Maine. Call 207-743-5993, visit them at http://www.CoastalTour.com, or e-mail them at info@coastaltours.com for more information.

July 16-22 6th Annual Bicycle Tour of Colorado. The Woodland Park Loop. Nine Rocky Mountain passes to climb and conquer. Call 303-985-1180 or e-mail AJ4BTC@juno.com for more information.


July 29-30 2000 Shenandoah Valley Bike Festival.

July 30-August 4 8th Annual Moose Tour, Maine. Call 207-743-5993, visit them at http://www.MooseTour.com, or e-mail them at info@moosetour.com for more information.


August 18-21 LAB Cascades to the Coast Rally, Bellingham, WA. Register online at http://www.bikeleague.org.

September 8-10 The Great Peanut Rides. Emporia. Call them at 757-229-0507 or visit them at http://www.3rddoor.com/events for more information.

September 30 3rd Annual Bike Shenandoah. Routes of 5, 15, 30, 62, and 100 miles. Call 540-574-4873 or e-mail them at BikeShen@juno.com for more information.

October 7-14 2nd Annual Cycle North Carolina. Begin in the Blue Ridge Mountains and cycle nearly 400 miles to the beach. Call 1-800-277-8763, e-mail them at pucas@interpath.com, or visit them at http://cyclenorthcarolina.org for more information.


1999 MILEAGES

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DUES

Remember to pay your dues when the date on your mailing label is either highlighted or marked through. The newsletter deadline is the third Monday of each month, so have your check in before then.

MEMBERSHIPS EXPIRING APRIL/May

<table>
<thead>
<tr>
<th>Dary Erwin</th>
<th>Andrew Jones</th>
<th>Bruce Miller</th>
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<td>Scott Ripley</td>
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<td>Dan Funkhouser</td>
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<td>Marc Stecker &amp; Kay Huskins</td>
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<td>Mike &amp; Ann Wenger</td>
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REMEMBER that the Newsletter is available for delivery via e-mail, fax, or regular mail. The same can be said for articles submitted for the Newsletter. The deadline for articles is the second to last Monday of the month. Just e-mail to Neups at neups@freewwwb.com or fax articles to 564-9505. You may use the Club’s P.O. Box 1014 for regular mail. Thanks.