

# OCTOBER NEWSLETTER

SVBC OFFICERS			
President: Michael "Neups" Neupauer	434-1878		
Vice-President: Jody Hensley 289-5			
Secretary: Steve Strider	289-5135		
Treasurer: Marcia Lamphier	289-6712		

#### President's/Editor's Column

I first wish to thank everyone who helped with the Century ride. I especially want to thank Ann and Erin Johnson and Christina Holland for their help to me at the Bridgewater checkpoint. I really needed them. And thanks to Larry Beiler who brought me a strawberry shake after he finished the ride. It really hit the spot!

Remember that our next meeting goes

inside now to the Valley Wellness
Center and starts at 7:30pm. We hope to have
a speaker on mountain bike riding.
Our next trash pick-up is on the 16th of
October. We'll start at 9am at Donnelley's
parking lot and finish at Mr. J's. Our last
group had a good time with this. Try to help
us this time and enjoy the day and food.
NEUPS

### SEPTEMBER MEETING MINUTES

September's meeting was held on the 13th at Hillandale Park, the last one at this location for the year, after an exhilarating ride through the countryside west of town on which several energetic souls participated.

Art Fovargue brought refreshments left over from the previous day's Century ride so no one went hungry.

Jody Hensley facilitated the meeting, discussing the change in the Club's constitution and talking about upcoming rides.

Marcia Lamphier gave the treasurer's report of \$778.54 and mentioned the trash cleanup on October 16th, after which participants will again be treated to bagels and cream cheese at Mr. J's.

The weekend's Century ride was discussed-the beautiful weather, number of riders (about 190), the fastest time (5 hours:16 minutes), and what a wonderful time everyone had.

Steve

Blue Ridge Cycle Works, Cool Breeze Cyclery, Mark's Bike Shop and Mole Hill Bikes all contribute to the cost of the monthly newsletters.

Please support these local shops.

#### **WELCOME NEW MEMBERS**

Mark Eckroth

Weyers Cave

## WELCOME BACK RETURNING MEMBERS

L.B. & Ibby Branner

Broadway

Dave Frye

Mt. Crawford

Damarius Marion

Bridgewater

Jim & Charlene Mitchell

Harrisonburg

Steve Strider

Elkton

Marc & Suzi Trubitz

Port Republic

Thanks to all the above for your continued support of the Club.

### NO QUICHE RIDE

Five riders started strong on the 25th of September at 9am: Tony Cascio, Mark Eckroth, Dave Frye, Neups, and Bill Taylor. We cruised to New Market in about 50 minutes (with the help of a tailwind). We made it to the start up Thorton Gap before hitting some drizzle. But the rain became fiercer, the fog rolled in, and the temperature dropped quickly and brought on numbness. After making it to Skyland, the decision was made to abort the ride with much distress, as we had already completed the hardest part of the ride. Bill's wife Jodi was kind enough to provide transportation home. All agreed another attempt was to be planned for the future.

# 11th Annual Century

Look for a recap in the next newsletter.

Art

SATURDAYS	SCHEDULE OF EVENTS
	9am. Mountain Bike Rides. Beginning at and sponsored by Mark's Bike Shop. 434-5151.
2YADRUTA2	1:30pm. Impromptu ride starting at Waterman Elementary School.
OCTOBER 2	Fall Colors Bike Ride, Abingdon-8:30am, Damascus-9am. Starts at White Top Station and ride down the mountain. Reservations Recommended! Call Dean Roark at 703-628-1328. \$5-6.
OCTOBER 3	Reston Bicycle Club Century. Reston. 25-, 50-, 62.5-, and 100 miles. Call Anneliese Schmid, 703-742-6752.
OCTOBER 8-10	Colonial Virginia Bike Trek. Williamsburg. Benefits American Lung Association of Virginia. Call 800-345-LUNG.
OCTOBER 11	Monthly meeting, 7:30pm, Valley Wellness Center. We should
	have a mountain bike riding speaker.
OCTOBER 15-17	Bike Virginia Fall Festival. On and off-road rides. Call 804-229-0507.

OCTOBER 16	Trash pick-up. Meet at Donnelley's parking lot at 9am. Be sure t
	wear sturdy footgear and bring gloves.
OCTOBER 17	Watermen's Museum Bicycle Ride. Yorktown. 25- and 50 miles. Call Tom
	Gray at 804-898-8690.
OCTOBER 24	Knotts Island Ride for Life. Hampton. Benefits Leukemia Society. 12-, 25-,
	and 62-miles. Call 800-866-4483.
OCTOBER 30	Harvest for Humanity, Mt. Zion UMC, Oak Park. Bicycle ride at 1pm. \$35 includes dinner. Varying lengths.

TIME TRIALS

NAME	<u> 20-Jul</u>	27-Jul	3-Aug	10-Aug	17-Aug	24-Aug	31-Aug	7-Sep	14-Sep
Matt Alexander	-	26:35	25:25	-		25:38	25:09	-	
Kevin Arnold	23:50	-	23:27	-	-	-	-	-	-
Sue Arnold	25:02	-	25:36	-	-	-	-	-	-
Larry Beiler	26:49	26:34	-	25:21	25:08	-	24:56	24:54	_
Al Clague	25:02	25:01	24:36	24:21	25:11	24:52	24:29	23:49	24:47
Dave Frye	-	28:13	26:50	-	26:33	26:19	25:48	-	26:25
Art Fovargue	-	-	30:03	-	-	-	-	-	<b>-</b> ,
Larry Grossman	-	-	26:01	28:20 *	26:28	26:03	26:08	26:51	26:28
Bruce Johnson	-	-	-	_	_	-	-	25:24	-
Dylan Johnson	-	-	-	-	-	-	-		-
Garth Kunkle	-	-	-	_ ·	_	-	-		-
Kristian Looney		-	27:05	-	25:33	-	-	24:50	-
Jeremy Martin	· _	-	26:18	-	26:22	26:25	-	_	-
Brent McNett	-	_	27:30	-	-	26:57	-	-	-
Neups	24:12	-	23:55	23:45	23:45	23:37	23:05	23:09	23:44
Bill Taylor	27:27	26:38	26:10	25:41	-	27:08	25:19	-	-
Tim Wolthers	-	-	26:53	-	27:42	27:17	26:52	25:49	28:41

<sup>\* -</sup> Mountain Bike

### 1992 MILEAGES

Tim Wolters	3,656
Neups	3,223
Art Fovergue	2,506

If you have your 1992 total, call Neups to have it listed. Start gathering your 1993 mileages for inclusion in the newsletter.

### DUES

Remember to pay your dues when the date on your mailing label is either highlighted or marked through. The newsletter deadline is the third Monday of each month, so have your check in by that time.

#### MEMBERSHIPS EXPIRING OCTOBER

Samuel & Margaret Johnson Family Nancy A. Sheffield

Samuel A. Piercy

# SHENANDOAH VALLEY BICYCLE CLUB MEMBERSHIP APPLICATION

NAME(S)		PHONE/		•
4DDRESS			÷	
Street		City	State	Zip
Individual(\$7) NOTE	Family(\$10) Junior (12 : Membership lasts for one	2-16)(\$4) Associate year from month dues a	(non-voting)_ re paid.	(\$7)
Ride Class Designation	Approx. Speed (MPH)	Approx. Distance (Miles)		neck ere
<b>A</b> B	14 - 22 12 - 16	25 - 100 15 - 60		
C D	8 - 12 1ess than 10	10 - 35 5 - 15	_	
	TYPE(S) OF		<del></del>	<del></del>
Racing Moun	ntainRecreational COMMI	Overnight Tours ITEES 73	Other (specify	·)
	Mt. Biking Touring INSURANCE	RELEASE		
In signing this release for mysel officers, the members, and any or liability for any injury, misadve for and is not an insurer of my pevent of injury or illness. I shall	f, or the named entrant, I hereb thers connected with events spo nture, harm, loss, or inconvenie ersonal safety. I also hereby on	y agree to absolve and hold nsored by the Club in any nce suffered. I understand	way whatsoever, f I that the Club is	or blame or
A STATE OF THE STA			,	
Member signature Return to: Shenandoah Valle	Date ey Bicycle Club, P.O. Box 101	Signeto 4, Harrisonburg, VA 22	rre of parent/guax 801	dien (under 18)



P.O. Box 1014 Harrisonburg, VA 22801

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