

October 1991

AUGUST MEETING MINUTES

(Due to my inability to attend the August Meeting, these minutes will lack their usual exactness for detail, as seen in the September Meeting minutes below)

The meeting was held in Hillendale Park on August 12, 1991 - Rita Davis gave a talk on the Colonial Virginia Bicycle Trek (ALVA). Six members were present and the pot luck was very good.

SEPTEMBER MEETING MINUTES

The meeting started about 7:20 pm, Monday, September 9, 1991 in Shelter #2, Hinnandale Park after four of us had gone on a pre-meeting ride. Most of the time was spent discussing tales of the previous day's SV century.

Marcia L state the last time trial is Sept 24. Participants should be encouraged to park at the Ruritan Park just west of Dry River Road.

Neups N. gave an Ice Cream Ride Report.

Art F. Gave a Breakfast Ride Report.

Nueps discussed the upcoming Skyline drive ride and other upcoming rides.

Greg G. described cycling around VALley Forge, PA

Marcia announced a cleanup in the National Forest, Sept 28.

It was decided to hold (2) trash pickups along our stretch of Rt. 743 on Oct 19 and 26.

Due to impending darkness the secretary had to leave and so we don't know when the meeting closed.

Ten members were present.

Respectfully submitted,
Art Fovargue

OUT OF TOWN RIDES

- Oct 11-13 COLONIAL VA BIKE TREK; 50 mi Sat/50 mi Sun: Superb meals & service: ALAV, 800-345-LUNG.
- Oct 12 SEA GULL CENTURY AND METRIC, Salisbury State (MD) University Cycling Club; 301-548-2772.
- Sun
- Oct 13 Out of the Galaxy Time Trial, 10 miles, citizen or USCF. Dover Air Force Base. For more information: call Ben (302)674-3186 or Tom (302)697-0430.
- Oct 18-20 BIKE VIRGINIA OKTOBERFEST WEEKEND; Staunton, VA. Sat Bike 42,57 or 70 miles/Sun 26,36 or 50 miles. Back country roads with spectacular Fall Foliage. Picnic at Natural Chimneys on Sat/Lunch Sun. at Oktoberfest Activities. \$30 (\$15 under age 16). No cost to active SVBC members - but volunteers needed (call Marcia 289-6712 or Randy Porter) Why not consider volunteering one day and partaking of activities on the other. Brochures in area bicycle shops and Wilderness Voyagers, or call 804-229-0507.
- Sun
- Oct 20 ADAMS APPLE RIDE; 25,50,62,100 miles, Gettysburg, PA. \$8 (\$10 after 9/15) Info call 717-334-8131
- Nov 9-14 FLORIDA BICYCLE SAFARI, 425 miles, camping \$80 if posted by Oct 15. WMFE public radio (407)273-2300 x192 or x107.
- Nov 9-10 LADIES AWARENESS CYCLING EVENT (L.A.C.E.) Rides, networking, education; Fort Lauderdale, FLA; Karen Ciampa 301-384-1058 or write to LACE, c/o Broward Freewheelers, PO Box 9726, Coral Springs, Florida 33075
- West →

BIKE VIRGINIA

Oktoberfest



WEEKEND

SHENANDOAH VALLEY FALL FOLIAGE TOUR OCTOBER 18-20, 1991 STAUNTON, VIRGINIA

Bike Virginia
P.O. Box 203
Williamsburg, VA 23187-0203
804-229-0507

FREE for active SVBC members - Call MARCIA
She Needs Volunteers !!

WANTED: NEWSLETTER TYPIST and PASTEUP PERSON.

Ninth Annual Shenandoah Valley Century

On September 8, under sunny skies, 197 unique individuals bicycled the Shenandoah Valley Century. Good publicity and a good weather forecast resulted in our largest ever turnout; easily surpassing the 164 riders of 1989.

Before I forget, I would like to thank those who volunteered their time in planning and preparing for the ride and those who helped the day of the ride (names listed below - I hope I didn't leave anyone out). And, although I don't know who all brought baked goods, many thanks to those that did. The goodies were much appreciated by the riders, and much to the chagrin of the following evening's meeting attendees (and the Fovargue family) there were only 5 spice bread slices and one muffin left. Lastly, thanks to our business contributors: Mr J's Bagels, Cellular One, and Branner Printing.

In all, about 12800 miles were pedaled during this year's SVC. The major portion of this was of course accomplished by the 73 century riders. Two event (fastest) records were set with Leslie Troxel finishing the half century in 3:06 and Barbara Minor (again) and Beth Portman completing the century in 6:11. Other statistics of note are:

- the percentage of female riders was at its highest level (27%) since 1987
- we had our most number of pre-registrants ever (101), including two the day after the event
- the average age of the participants was up from last year and has increased more than 4 years (to 34.1) since 1983. What does this mean (besides the obvious that we're getting older)?

A couple other firsts occurred this year. Rita Davis, driving sag on the 25 mile route, had to be rescued by some of the bicyclists when she flatted and could not get the offending wheel off. And (I've never heard of this happening anywhere), one of our arrows was sabotaged, sending numerous century riders off in an unplanned direction. Fortunately, all found the right path without too many extra miles.

Overall, the SVC was a huge success, based on the results of the survey and the comments at the end of the ride and since. Hope to see you all next year.

VOLUNTEERS:	Rita Davis	Karen Mason
	Mark Devlin	Marie Millard
	Dave Frye	Sarah Miller
	Norm Garrison	Brent McNett
	Rose Garrison	Neups Neupauer
	Marcia Lamphier	Martha Porter
	Gene Layman	Ed Strother

Next time you see any of the above, give them a big thanks

LOST & FOUND: One pink (peach? orange?) tee-shirt, 1990 Foothills Roadrace. Needs washing badly.

ETC. Did anyone tape the world cycling championships Sept 14? I forgot to set the recorder.

Developing a Bicycle-Friendly City

The City of Pasadena, Calif. recently performed a comprehensive study of the city's bicycle policies and programs. The result of that study, a report titled "The Plan to Make Pasadena Bicycle-Friendly," is an excellent document touching on bicycle commuting, parking, bikeways, racing programs, mountain bike paths, safety/education, and a variety of other topics.

The report was performed by a Bicycle Task Force which was appointed by Pasadena Mayor Jess Hughston last January. The Task Force met for three months, developing a scheme that would not look to expand the current network of bike lanes and routes, but rather focus on making every street a bike lane. The report was delivered to the Mayor on May 21, and an implementation plan is currently being developed.

"The era of the auto is coming to an end. Will bikes be patched in afterward or planned for in advance?" asked Mayor Hughston in a letter introducing the report. He urged all citizens to help implement the program.

Five general recommendations were developed by the program. They were:

1. Bicycle Friendly Policy

The city should adopt a policy to make Pasadena a place where bicycling is encouraged and fostered. The City should take the position that all streets are bikeways. Safety, education, and facilities should be provided as an ongoing part of transportation and recreational planning and programs. Bicycling should be a major element of the transportation section of the General Plan currently under revision.

2. Major Bicycling Center

Pasadena should set a goal of becoming a

major center of bicycling, known for leadership in promoting both transportation and recreation programs.

3. On-Going Bicycle Committee

A bicycle Committee should be established to work on an on-going basis with the city of Pasadena, the Transportation Advisory Commission, the Parks & Recreation Commission, the Unified School District, Pasadena City College, and businesses and organizations to implement Pasadena's Bicycle Plan, and to make Pasadena bicycle friendly. The committee should be established with an operational budget, staff support and one member appointed by each city council member. In addition to one appointment from his district, the mayor should appoint two members at large.

Another approach would be to establish a joint bicycle committee composed of two representatives of the Transportation Advisory Commission, two representatives of the Parks & Recreation Commission, and a fifth member appointed by the Mayor who would serve as chair.

4. Annual Bicycle Festival

The city should work with community organizations and businesses to develop a major annual bicycle festival similar to CYCLEXPO held at this year's Arroyo Seco Earth Festival. The festival should include exhibits, workshops, clinics, and a multi-day stage race.

5. Bicycle Coordinator

Responsibility for the coordination of bicycle programs should be established within the City. The bicycle coordinator should work with the Bicycle Committee, Public Works Department, the Police Department, the Recreation Department, schools and other agen-

cies, businesses, and community organizations to develop facilities and safety programs.

In addition to these general recommendations, the Task Force developed a number of more specific suggestions to make the city bicycle friendly. The report also includes a number of interesting appendices, including Palo Alto California's bicycle parking requirements and their shower and clothes locker ordinance, a proposed bicycle parking standard for Pasadena, funding resources in California, and a bibliography.

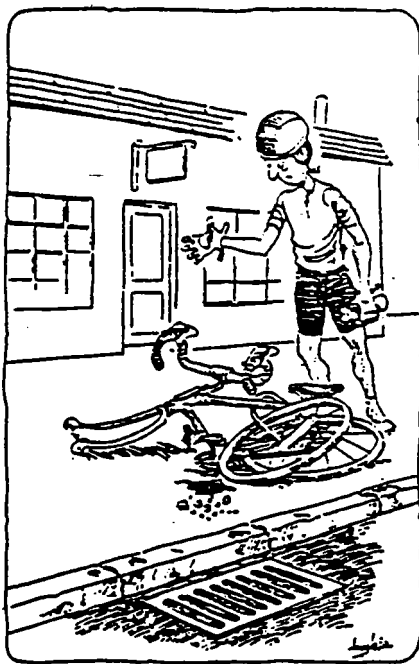
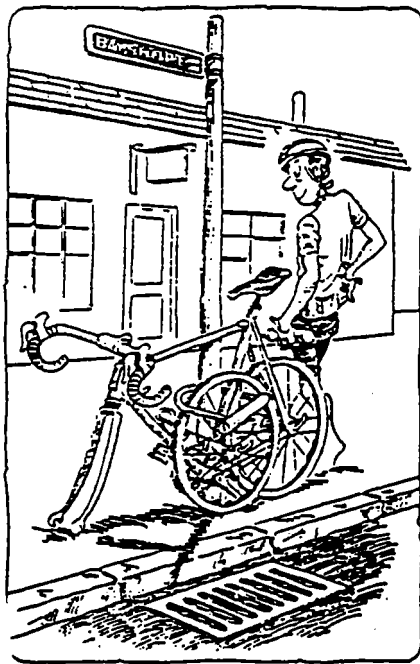
For more information on the report contact Cynthia Kurtz, Director of Public Works, City Hall, 100 N. Garfield Ave., Room 212, Pasadena, CA 91109-7215.

LEAGUE OF AMERICAN WHEELMEN

MEMBERSHIP

The SVBC has 73 active memberships as of the end of August. We would like to welcome the following new members; hope to see you all on a ride soon before winter become an excuse to put the pedals away (who? me?)

Kevin & Sue Arnold	McGaheysville
Stephen Klacik	Harrisonburg
Jim & Charlene Mitchell	Harrisonburg



LEAGUE OF AMERICAN WHEELMEN MEMBERSHIP APPLICATION

I want to join the national organization of bicyclists. Please start my subscription to *BI-CYCLE USA* magazine. Also send my membership materials, including bike and window decals, membership card, and a L.A.W. patch.

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

TELEPHONE (____) _____

CLUB _____

SPONSOR _____

L.A.W. Membership Categories
(Add \$15 for postage to foreign countries. Pay by check drawn in U.S. funds or by money order.)

- Individual: \$25 Family Life: \$525
 Family: \$30 Sustaining: \$50
 Individual Life: \$350 Public Library: \$15
 Please add me to the Hospitality Homes list.

Tax-deductible contribution to the Bicyclists' Educational and Legal Foundation:
\$ _____ \$500 _____ \$100 _____
\$50 _____ \$25 _____

League of American Wheelmen
6707 Whitestone Rd., Suite 209
Baltimore, MD 21207

RIDE CALENDAR - OCTOBER INTO NOVEMBER

		OCTOBER 1	2	3	4	5
6	7	8	9	10	11	12
13	14 7pm-Meeting Valley Wellness Center	15	16	17	18	19 Trash Cleanup 9am Donnelley Lot
20	21	22	23	24	25	26 Trash Cleanup 9am Donnelley Lot
27	28	29	30	31	NOVEMBER 1	2

****Helmets are required for all CLUB rides.****

October's meeting will be held in the Valley Wellness Center at 7pm.

Time Trials have ended for the season. Join us again next year.

Join us for our highway cleanup, two successive Saturdays. Meet at 9am in the Donnelley parking lot.

SHENANDOAH VALLEY BICYCLE CLUB MEMBERSHIP APPLICATION

If this box is checked, your dues expire this month

Name(s) _____ Phone _____

Address _____
street city state zip

Check type of membership desired:

INDIVIDUAL (#7) FAMILY (#10) JUNIOR (12-16 Yrs.) (#4)

NOTE: Membership begins in March of this year, and lasts until next March.

PLEASE INDICATE YOUR INTERESTS BELOW

RIDE CLASS DESIGNATION	APPROX. SPEED (MPH)	APPROX. DISTANCE (MILES)	CHECK HERE
A	14-22	25-100	_____
B	12-16	15-60	_____
C	8-12	10-35	_____
D	less than 10	5-15	_____

INDICATE TYPE(S) OF CYCLING IN WHICH YOU ARE INTERESTED

Racing
 Off-Road
 Recreational
 Overnight Tours
 Other (specify)

WOULD YOU BE INTERESTED IN SERVING ON ANY OF THE FOLLOWING COMMITTEES?

Racing
 Touring
 Program
 Safety
 Century

SHENANDOAH VALLEY BICYCLE CLUB RELEASE

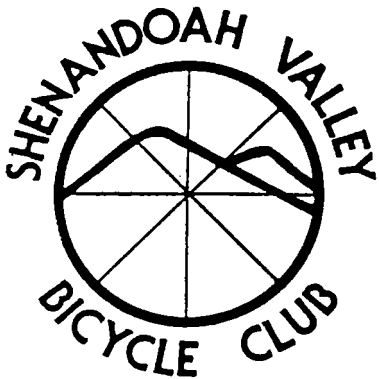
All club members must sign the release below. For persons under the age of 18, the parent or guardian must sign. Any person riding on an invitational status must furnish a release. This signed release will remain in effect as long as the Club is officially active.

In signing this release for myself, or for the named entrant, I hereby agree to absolve and hold harmless the Club, the Club officers, and the members, also any others connected with events sponsored by the Club in any way whatsoever, for blame or liability for any injury, misadventure, harm, loss, or inconvenience suffered. I understand that the Club is not responsible for and is not an insurer of my personal safety. I also hereby consent to and permit emergency medical treatment in the event of injury or illness. I shall abide by traffic laws and practice courtesy and safety in cycling.

_____ signature of Club member or applicant _____ date _____ signature of parent or guardian of member under 18

RETURN TO: Shenandoah Valley Bicycle Club, P.O. Box 1014, Harrisonburg, VA 22801

If this box is checked, your dues have expired, and this is your last newsletter.



P.O. Box 1014
 Harrisonburg, VA
 22801

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Cool Breeze Cyclery and Mark's Bike Shop contribute to the cost of the monthly newsletters