

## SHENANDOAH VALLEY BICYCLE CLUB NEWSLETTER

OCTOBER 1987

### Officers

President: Art Fovargue 433-9247  
Vice President: Ray Ritchie 896-2913  
Secretary: Mur Dennis 434-3521  
Treasurer: Sue Rippy 433-3017  
Racing: Mike Wenger 828-2523  
Touring: Ray Richie 896-2913  
Publicity: Eleanor Price 433-0539  
Newsletter: Julie Drinkard 879-2649



### President's Column

Our 5th Annual Century on September 27 is history, except for paying final bills, compiling statistics and boxing it up for next year. It was definitely a successful ride, from the beautiful day to the 133 bicyclists who took part. We received many good comments on the markings, preparations and food. Two new fastest times were established: Century-Craig Mauck in 5 hrs. 51 mins.; Half-Century - Jeff Smith in 2 hrs. 47 mins.

At the last Executive Committee meeting, we talked about ways the club can be more self-sufficient and gain more members. The ideas focused around having nominal paid advertising in the newsletter, continuing to supply the local bicycle shops with newsletters each month and charging small fees to non-members at the time trials and some of the tours. We'll toss these proposals around at the October meeting, formulate a consensus and vote on it at perhaps the November meeting.

### Join Now

Speaking of memberships, now that the '87 SVBC fiscal year is half over, memberships are half price. If there has been someone you've been wanting to join, you should let them know that they can, now, for a paltry \$2.50, until March (\$4.00 for a family and \$1.00 for a Junior, aged 12-16).

And now, to report a bicycling first for me...tonight on the way home from work, a dog bit me. Quite a surprise, since she didn't look like she was even going to chase much! So, don't be complacent when it comes to DOGS!!!

### Meeting

for OCTOBER: JAMAICA NIGHT

Monday evening October 12, besides being Joelle Austin's birthday, Craig Mauck will show and narrate slides from his 4 month bicycle tour in Jamaica during the winter of '86 - '87. Organically grown Blue Mountain coffee will be served and roasted beans will be available for those who like the best. See you all at the Valley Wellness Center at 7:30 PM!

# Meeting:

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TEACH 'E FOREIGN LANGUAGE FOR ST.  
BROTHERN COL. ABROAD FOR

for NOVEMBER: CHINA PERSPECTIVES (Mon. Nov. 9, 7:30 PM, Valley Wellness)  
EVANSH DEPT.

Charles Churchman from Bridgewater College will give a presentation on his observations of bicycling in China during the year he spent there. He'll compare cycling here and there, and relate other adventures. More details in the November newsletter.

## New Members

The SVBC would like to welcome the following new or renewed members: John Baxter of Harrisonburg, Bob & Jean Brunk of Harrisonburg, Frank Carver of Staunton, Marcia Dickenson of Harrisonburg, Marty Kelly of McGaheysville, Beth Meale of Harrisonburg, Ronald Radloff of Harrisonburg, David Sprinkel of Harrisonburg and Tim Wolters of Staunton. We wish you safe and fun bicycling and hope to see you at the next meeting!

AUGUSTA COUNTY RESIDENT BUCK BATES, WHO RODE IN THE 1987 TRANSAMERICA BICYCLE TREK for the Shenandoah Region of the American Lung Association of Virginia, will have an article published in the December issue of Bicycling magazine under PACELINE, a section near the front. The article should be of interest to all Shenandoah Valley Bicycle enthusiasts.

## FAT LADIES....AND GENTLEMEN

Fashionably fat for fall, Sue Rippy collected 3 stage wins out of 5 at the Ross-Swatch New England Fat Tire Race in Massachusetts and followed that act with the women's first place (for the 4th time) in the "40K Killer," West Virginia Mountain Bike Championship -- Canaan Mountain series in Davis, WV. Sue finished 26th overall out of 81 entrants with a time of 3:31:27. SVBC's Joelle Austin rose and fell to the occasion herself, finishing 5th in the strong women's division. Washington, D.C.'s "Smokin'" John Hargadon took first place with a record time of 2:43:00, carrying home a fat check and yet another fat bike for his awesome efforts. More: XC (2) Tommy Harris, 2:45:33; VET XC (1) Curtis Reed, 3:07:28; WXC (2) Susan Cappelle, 3:47:07; EX TRIALS (1) Bob Foster, (2) John Hargadon. Also, in the Ross-Swatch Race, Craig Mauck took first place in the Veteran class for the 2nd year in a row. Between the two, Craig and Sue brought home "loot" totalling over \$600.

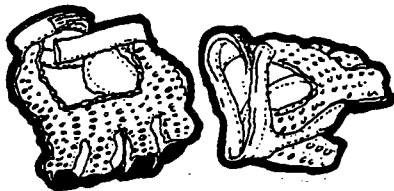
## OVERNIGHT TOURS, ANYONE?

Norm Gulliksen has been trying to organize an overnight fall tour, without much success. He says he will try once again in the spring. Anyone with ideas as to possible spring tours, please contact the touring committee or club officers. A brainstorming session will be held at the next regular club meeting.

Also, suggestions for late season rides are being sought. Anyone wishing to lead a late season ride should call Ray Ritchie (#896-2913) or L.B. Branner (#896-2386). The touring committee wishes to thank the many club members who have supported bicycling in the Shenandoah Valley by leading, sagging and planning rides this spring and summer.

## Volunteers Needed... Lead a Ride !

# Racing



A great turn out and a great race for the Tour de Montezuma, in spite of the rain. Thanks to the racers, road marshals and spectators! Herewith are the results, in order of place:

**EXPERT:** Bill McCarrick, Mike Wenger, Tom Houff, Steve Szibler, Jack MacDonald, Mike Miller, John Vaughn, Dennis Herr, Dean Raatt, Joe Hiney, Garth Kunkle, David Bruck. Ken Calhoun did not finish.

**NOVICE:** Matthew Bracken, Bill Hamrich, Matt Taylor, Bernie Edwards, John Petrillo.

**WOMEN:** Jody Hess, Jennifer Cain. Joelle Austin had a flat.

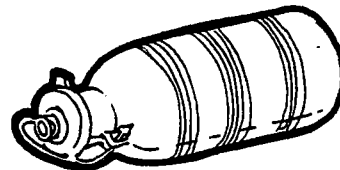
**DON'T FORGET ABOUT THE TWO UPCOMING SVBC ROAD RACES:**

Spring Hill Road Race  
Reddish Knob Hill Climb

October 11, 2:00 PM  
October 25, 2:00 PM

See the September newsletter or flyers at the local cycle shops for details.

## Ride Calendar



for OCTOBER and NOVEMBER (so far!):

**SOCIAL - SUNDAY OCTOBER 11:** Craig Mauck is organizing a bicycle ride over trails and back roads to the 9th Annual Rye Hill Poetry Reading at Carol McCormick's place in Criders, VA. Interested parties, please meet at Court Square in downtown Harrisonburg at 8:00 AM to have time to arrive with no sweat. The reading begins at 12:00 Noon. See Craig at his shop for more information.

**SUNDAY OCTOBER 18:** The 5th annual "No Quiche" Mountain Century made it to the Panorama on September 12, despite the inclement weather fears of sag persons Ray Ritchie, Bruce Werner and L.B. Branner. Craig Mauck turned back there, and he will lead the re-scheduled No Quiche ride, leaving Waterman Elementary at 8:00 AM on the 18th. Bring along a low gear of at least 40 inches and come enjoy the fall colors on the high road through the Blue Ridge Mountains. The route goes to New Market on Rt. 11, onto 211 to the Panorama, onto the Skyline Drive and continues to Elkton to return on Rt. 33.

**SUNDAY NOVEMBER 1:** "Eleanor's Fall Inventory Clearance Ride and Fall Frolic" (all rolled into one!). 25 miles. Slow pace, flat terrain. 1:00 PM, McGaheysville Elementary School. Leader: Eleanor Price (# 433-0539). This ride is out of the ordinary! It will cost you \$3.00 to ride. At the end of this ride through wooded areas at their height of fall color comes the real climax of the day. Eleanor has cleaned out her closets of their present bicycling inventories, both trash and treasure. She has bagged these goodies and will present surprises to riders who finish the ride. Come out and take a chance on getting an old flat bike tube or just possibly a real biking treasure. Do you dare take a chance? It happens only once a year! Eleanor might donate some of the proceeds to SVBC...!

Craig's CRUISER RIDES continue to meet at the JMU quad on Wednesdays at 6:00 PM and ride low, slow side streets and local trails to explore the by-ways of the 'burg. Bring out your no-speed bikes and see what you're missing. Z pace, no leader.

OUT OF TOWN RIDES:

NOVEMBER 7 - 12: Florida Classical Safari, 8th Annual across Florida, sagged, camping. Further info: SAFARI, 90.7 WMFE-FM, 11510 East Colonial Drive, Orlando, FL 32817-4699.

1988 LEAGUE OF AMERICAN WHEELMEN RALLIES:

FEBRUARY 12 - 14: GEAR DOWN '88, Lakeside Inn, Mt. Dora, Florida. Info: Florida AYH, P. O. Box 1108, Tallahassee, FL 32302 (or at Oct. SVBC Meeting). Also, see article in this newsletter.

JUNE 3 - 5: GEAR UP '88, Millersville College, Lancaster, PA.

JUNE 29 - JULY 3: LAW National Rally, Northern Arizona University, Flagstaff, AZ.

SEPTEMBER DRY RIVER TUESDAY TIME TRIAL RESULTS

	<u>9/1</u>	<u>9/8</u>	<u>9/15</u>	<u>9/22</u>	<u>9/29</u>
Joelle Austin				29:21	28:03
Stacey Baker					24:15
Dave Carey	27:10	RAIN			
Al Clague	25:16		23:41	24:59	24:31
Sue Clague	32:19				
Michael Derrer	28:31				
Julie Drinkard	33:45			30:26	
Bernie Edwards			28:56		29:32
Rick Effer				26:25	
Rusty Folds	29:19				
Steve Gardner				28:00	
Larry Grossman	27:29				
John Haire	26:14			26:04	25:23
Wayne Hall	27:33				
Dennis Herr				24:32	
Jody Hess	27:41		26:14	27:20	27:06
Joe Hiney					23:46
James Hoofnagle (Mt. Bike)					29:47
Tom Houff	23:48		23:13	23:17	
Jill Johnson	28:01				
David Lovegrove				27:13	26:46
Craig Mauck	22:40			22:57	
Bill McCarrick	22:14			22:15	22:29
Mike Miller	24:40		23:59	24:35	
Steve Pauls					25:25
Tom Rice	30:45				
Sue Rippy				26:37	

Ruce Sinclair		24:57	26:11	
Steve Slabaugh		26:07		
Steve Szibler	25:49			
John Vaughn	26:04	24:14	25:00	
Les Welch		23:35	23:56	25:01
Mike Wenger	24:38	23:39	24:43	
Tim Wolters	26:45	26:57	26:31	25:57

The last Tuesday evening time trial will be on October 6. Thanks to everyone for the great turnouts and cooperation, and Very Special Thanks to Beth Wenger for performing stopwatch and documentation duties every week!!!

## For Sale

Eleanor Price is looking for buyers for these non-bicycle items:

Roller-Skis - cross country, dry land type - with binding. \$250. new. Make her an offer. (# 433-0539)

Brother briefcase size electric typewriter. \$85.00. See # above.

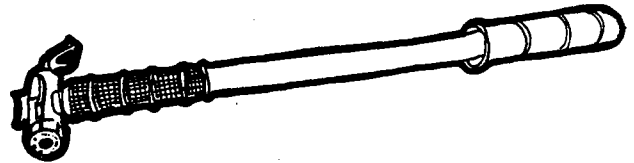
## Winter Rally In Florida

When February's icy fingers have frozen your sprockets, take a break from the cold and soak up some warm sunshine at Florida's first GEAR Down. The mid-winter rally will be held February 12-14, 1988, in the picturesque town of Mount Dora, Florida, 25 miles northwest of Orlando.

Accommodations will be at the stately Lakeside Inn, and the entire town of Mount Dora will be opening its doors to help with the rally. Local service clubs, noted for providing hearty, wholesome food, will prepare many of the meals. The official hosts, the Mount Dora Bicycle Club and the Florida Council of American Youth Hostels (AYH), are planning a full program of cycling activities, speakers, and entertainment.

Try some superb cycling in Florida's central citrus highlands and sample the variety of fun-filled destinations nearby. The crystalline blue waters of Alexander, Wekiva, and Rock Springs will beckon you for a refreshing plunge. Jungle boat cruises will quietly sneak you through mysterious black water cypress swamps to view alligator nests and bubbling springs. A full variety of rides ranging from 15 to 100 miles will be offered.

With white sandy beaches of the Atlantic or the Gulf of Mexico and Disney World, Epcot Center, and other central Florida attractions all within an hour's drive, GEAR Down '88 in Mount Dora, Fla., is a perfect location for a mid-winter cycling and vacation get-away. For more information contact Florida AYH, P.O. 1108, Tallahassee, FL 32302 or phone (904) 878-2042.



## Bicycle Maladies

Bob Patton  
Fort Worth Bicycling Association newsletter

I was struck one day by the simultaneous occurrence of a broke spoke, wheel squeal, and derailleur failure. Was there rhyme or reason for this? Was it poetic justice?

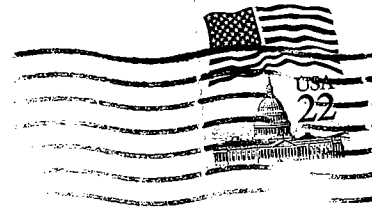
A careful analysis has revealed that something strange is going on, perhaps due to a bilaterally symmetrical creature operating a two-wheel deal. At any rate, one who rides is in for double trouble.

It starts with all those funny little noises our machines are subject to—usually a hint of something more to come. In addition to the aforementioned wheel squeal, there is link clink, crank clank, rack clack, bottom bracket racket, and the more disturbing cone groan. Sometimes a simple application of a lubricant will end these problems, but beware of over-application which may result in grease release.

Some ills are mostly cosmetic. Among these are bag sag, bar tar, light blight, water bottle mottle, grim rim, and tool kit grit.

The serious difficulties include such things as bad pad, pump slump, lame frame, sew-up blow up, queer gear, the automotive look-alike fender bender, and most serious of all, the dreaded tire fire.

THAT'S ALL, FOLKS!



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**SVBC MEETING:**

Monday, October 12.  
7:30 PM - Valley Wellness Center  
"Jamaica Night"

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MARK'S BIKE SHOP generously contributes to the cost of the SVBC's monthly  
newsletter.  
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