

SHENANDOAH VALLEY BICYCLE CLUB NEWSLETTER

FEBRUARY, ~~1986~~ 1987

FEBRUARY MEETING

The February SVBC meeting will be held at the Wellness Center, at 7:30 PM, Monday, February 9. The topic will be announced then. Remember, the riding season is just around the corner (and for some, never ends), so plan to come and offer your suggestions for the 1987 ride calendar.

THIRD ANNUAL CROSS-COUNTRY SKI WEEKEND

The Third Annual Cross-Country Ski Weekend is still on, however it has been rescheduled for February 20-22. A phone call to the Canaan Lodge revealed that the previously announced weekend (February 13-15) is considered a holiday, as President's Day is on Monday. For that reason, those few places that still had lodging were charging "holiday rates", which at Canaan means a three-night minimum at about \$75/night. A few phone calls to interested SVBC members resulted in a consensual change to February 20-22. So, there's still time to plan to go and make reservations, if you're interested. Although it may be warm here now, the chances of good snow in West Virginia are excellent, so make your plans now. If you have any questions, please call Mario or Mur Dennis at 434-3521.

SUPER SUNDAY, JANUARY 25, 1987

For the second Super Sunday, deep snow was the order of the day--real cool too, man! Four of us followed in the fat trax of "Ironman" Dennis Herr, first trying Hillendale Park, and then off to the Union Springs Trail. We rode from the Ottobine Store almost to the top (Dennis made it)--this was taking in the neighborhood of three hours--until spinning became almost impossible and sliding took over. We carried 'em, too, as drifts got deeper and deeper. Log Hauler and the Forest Service were out there too.

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MARK'S BIKE SHOP GENEROUSLY CONTRIBUTES  
TO THE COST OF THE SVBC NEWSLETTER  
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HARRISONBURG, VA 22801  
210 MONUMENT ST.  
ART & KATHY FOVARQUE

WELLNESS CENTER  
MONDAY FEB 9 7:30 PM

MEETING:  
SVBC

*NOTES FROM OUR FOREIGN CORRESPONDENT...*

There really is only one road out of town (this is Jamaica). St. James, Barnett, Bogue Road, Alice Eldimere, the shore road; all to the same path, and just different names. Decrepit, generic imports rattle, buzz, beep and sweep by. Oxen, cattle, goats, pigs and people fill the way, night and day. Leaving Montego Bay, Jamaica, is not easy. On December 2, Banana Republican Rearview toured over the lips of two of the original volcanoes to the southern coast to Savannah-la-Mar. The road is narrow and winding. Drop offs to the side are farther than anyone would want to fall. Snack vendors on two-by-four versions of Ben Hur chariots dispense skyjuice (slurpee in a plastic bag with straw), power juice (chicken foot soup), monish (healing soup made with sheep stomach and tongue), water, fruits, you-name-it. A tapestry of caves and hanging vines, right out of the jungle movies, cascades down the side of the gully across.

Sav-la-mar is basically untouched by tourism. Only 30 miles across, the mountains from the tour center of Montego Bay, it is like another world. Sleepy towns like Mackfield, Haddo, Amity Cross, Ramble, and Anchovy widen the road as one spins along. A four-mile side trip to Roaring River, a giant natural artesian spring that spontaneously gushes forth from the base of Mt. Carey. Colorful locals crowd around to check out the chrome metal and offer snacks and sips.

On December 4, we toured the same route with visiting VIP John Kirkpatrick, sponsor of the 4 day New England Fat Tire Stage Race, and Colette Guernay, Cinelli Track Team and current model for a big ad campaign. Retreating to the terrace at Richmond Hill Inn, we nursed our aches and grinned to be so fortunate. Sunny and 75 degrees!

---Craig

**SHE NANDOAH**  
**ALLEY BICYCLE CLUB**

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