

SHENANDOAH VALLEY BICYCLE CLUB

DECEMBER NEWSLETTER

MONTHLY MEETING

The December meeting will be held at the Wellness Center at 7:30 PM. Topic will be announced then. Keep in mind that the annual meeting and potluck dinner will be held during the January meeting. Please plan to attend!

X-C SKIING TRIP

The time is approaching for the Third Annual Cross-Country Ski Weekend. No specific date has been chosen; that will depend on the wishes of those who plan to attend. Tentatively, we are talking about returning to the Canaan Valley area, which has miles and miles of excellent trails (assuming the weather cooperates). Even if you've never tried X-C, please consider going--Nordic skiing is not too much different from walking, and is excellent exercise. Equipment can be rented at the ski area for about \$25 for the weekend. Lodging is equally inexpensive. If you're interested, please call Mario or Mur Dennis at 434-3521.

IMPROMPTU RIDES

Impromptu rides will be held on December 14 and 28. Those who ride, decide the route and pace. Meet at Waterman School at 1:00, weather permitting.



SHE **NANDOAH**
VALLEY BICYCLE CLUB
P.O. BOX 1014
HARRISONBURG, VA 22801

SVBC
MEETING:
MONDAY DEC. 8 7:30 PM
WELLNESS CENTER

.....
MARK'S BIKE SHOP GENEROUSLY CONTRIBUTES
TO THE COST OF THE SVBC NEWSLETTER
.....

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