No... that's not a misprint! If you were able to brave the nasty weather and make it to the January SVBC meeting, you understand the title. Given the wide variety of delicacies that made it to the SVBC's first potluck dinner, maybe we should consider a name change? There was an excellent turnout, despite the weather, and as usual when food meets cyclist the food disappears. Everyone had a good time and a good meal too. A great way to kick off the SVBC's second year. Let's not wait a year for another of these!

ELECTION RESULTS!!!

One of the advantages of membership in the SVBC is that you don't have to wait until November to get election results. Here are the SVBC Officers for 1984:

President - Ray Miller
Vice-President - Art Fovargue
Treasurer - Sue Rippy
Secretary - Kathy Fovargue

Congratulations to the new officers, and thanks to all who participated. The new officers have met with the old officers, and have met among themselves. They are raring and ready to go!!!

PRESIDENTIAL PREAMBULATIONS by Ray Miller

(editor's note: being a good editor, I looked up "preambulations" in my handy Webster's dictionary (1942 edition) and it was not there. Well it looks alot like preamble, and it looks alot like ambulate; and well gee... it sure sounds impressive... so here's to a new regular feature in the SVBC Newsletter from the desk of the preambulating prez!!!)

I would like to wish all SVBC members and their families a prosperous new year. You may see a few changes in the club this year, hopefully for the better. We are thinking of adding a few mountain bike rides to the ride schedules for you Fat Tire enthusiasts.

I would like to extend an invitation to you to become involved with the club. It is easy to sit back and wait for Sunday rides, newsletter, and the monthly meetings without a thought of what it takes to accomplish these events. Remember that the officers, committee chairpersons and committee members volunteer their time in an effort to make the club fun for all members. If you want to see any changes, get in the arena and kick and scratch with everyone else. You make the difference.

Get involved with the SVBC!!!
NEWS LETTER

Contribution to the cost of the SBC

Bike Alley Bikes and Mark's Bike Shop

In support of their efforts in the Shangrah-Walley, we would like to thank all our friends at Bike Alley and Mark's Bike Shop. The SBC would like to thank the Bike Alley and Mark's Bike Shop for their support.

Every month, this newsletter contains a small, meaningful acknowledgment of support.

DIE SHOP SUPPORT - A BIG THANK YOU

To learn more about the different forms of biking, your neighbors have put together this article. You will find features on the SBC, the Bike Alley, and the Mark's Bike Shop. This issue is packed with information about these local businesses. The March meeting on Mountain Biking is opening the door to the future.

WHICH IS FOR MOUNTAIN BIKING

To ride a bike and work on a project, some variables may come into play. If you have found the right bike, then it is likely that the bike is the right one. It is, however, possible that the bike is not the right one. If you decide to try a different bike, you will have to try a different bike. If you do not know what to expect, it is better to catch up with some other enthusiasts.

NITROGEN EXERCISE

Winter Reading - Winter Exercise

Winter Reading Committee. Ideas are also needed. Get out on your thinking caps and contribute to the cause. Ideas are always needed. Our monthly newsletter is packed with information about the SBC and its activities. Our newest issue contains some of the most exciting news about the SBC and its activities. The SBC newsletter is packed with information about the SBC and its activities.

February 2023-Meeting - Getting It Together

and effective advertising material. Party multipliers:

What is so good about the SBC? The SBC is a fun place to visit and enjoy. The SBC is a fun place to visit and enjoy. The SBC is a fun place to visit and enjoy.
Got something bike related to sell, trade, or give away. Interested in locating a riding partner for a special trip or on a routine basis. Why not run a SVBC classified?? This service is absolutely free to all club members (non-members $200.00/line). Classifieds must be submitted by the 20th of the month for inclusion in the next month's newsletter. Send, call, or carrier pigeon ads to the Newsletter editor.

FOR SALE: Bell Biker Helmet - Small - Worn Once, $30.00, Sue Rippy - 828-4414 (home) 433-6563 (work)


NEEDED: Volunteers to serve on SVBC committees. Contact committee chairpersons for details.

JUSTICE IS SERVED

When last we heard from our hero, Dr. Bike, he was securely locked up in the Dade County Jail in Miami, FL, because of a dispute with a member of the local alligator soup. Our most recent communication with "The Doctor" indicates that he is free, due largely to the sympathy of a local judge. The judge, it seems, was somewhat of a bike enthusiast, and felt that Dr. B had paid dearly for his crime by losing his cherished Silica frame fit pump to the jaws of an irate reptile. The judge reduced the charge from first-degree alligator abuse (a felony) to pre-meditated dental work on reptiles (a misdemeanor). Dr. Bike had to pay court costs and clean the judge's bottom bracket. Dr. Bike says he is happy to be out of jail, but is a bit concerned about eating his own cooking again. Nevertheless, he says thanks to all from the SVBC who contributed to his defense (particular thanks to the member who sent the cake with a hacksaw inside. The guards are alert to this one!!) Dr. B used the proceeds from the defense fund to buy a small order of fries and a strawberry shake upon his release. Finally, he says he is heading back north, and will see you when the snow on Massanutten melts!

Perambulations

ODDS... IT SAYS PERAMBULATE

... no wonder I could not find it in the dictionary! Y'all change them andambulates to perambulates, OK. Perambulate means to walk through or stroll. Takes a whole lot more sense now...doesn't it. Either way, it sure sounds impressive. Happy perambulating!!!

AGVITHH III

The Annual Great Valley Interstate Tour Harrisonburg to Harrisburg or AGVITHH for short will be held on June 22 - 24. The tour will leave from Harrisonburg and end in Harrisburg, PA. This will be the third annual event. The ride is guaranteed to be a mini-adventure, and is sponsored by the SVBC and The Daily News-Record. More detailed information and registration forms will be forthcoming, but if you can't wait, Norm Gulliksen might provide a few hints of the adventures to come on AGVITHH III. So mark your calendar!!
Patch Ride

An Automatic Transmission for your Biking

Support to Remain & Move in Human-Powered Vehicles!

If you are not now a biker, don't worry about it - you will be if you ride with us. It looks like a biker, even if you look like a non-biker. The difference is that you develop the skill to do it, and the skill is not reserved for the hard-rider cadre. It looks like a biker, even if you look like a non-biker. The difference is that you develop the skill to do it, and the skill is not reserved for the hard-rider cadre.

Catripillar & Butterflies

Miscellaneous Tips & Odds and Ends
SHENANDOAH VALLEY BICYCLE CLUB MEMBERSHIP APPLICATION

NAME(s): ____________________________________________________________

ADDRESS: _________________________________________________________

CITY: ______________________ STATE: ______ ZIP __________

PHONE___________ (check if you do not wish your phone # published in a
membership listing ___) BIRTHDATE (MONTH AND DAY ONLY, OPTIONAL)_________

TYPE OF MEMBERSHIP: NEW_______ RENEWAL_______

individual($5)____JR (12-16)($2)____FAMILY ($8)____

Please rank your cycling interests (1-highest)

Racing___ Touring___ Overnight trips ___ Family Rides___
Off Road____ Commuting____

Would you be possibly interested in serving on any of these club committees: RACING___ TOURING___ PUBLICITY__ PROGRAM__ SAFETY___

SUGGESTIONS?? USE THE BACK

SEND THIS APPLICATION (WITH SIGNED RELEASE AND DUES) TO: SUE RIPPY
107 VICTORY ST
BRIDGEWATER, VA 22812

SHENANDOAH VALLEY BICYCLE CLUB RELEASE

All club members must sign the below release. For persons under the age of 18, the parent or guardian must sign. Any person riding on an invitational status must furnish a release. This signed release will remain in effect as long as the club is officially active.

In signing this release for myself, or for the named entrant, I hereby agree to absolve and hold harmless the Club, the Club Officers and the members, also any others connected with events sponsored by the Club in; any way whatsoever, for blame or liability for any injury misadventure, harm, loss or inconvenience suffered. I understand that the Club is not responsible for and is not an insurer of my personal safety. I also, hereby, consent to and permit emergency medical treatment in the event of injury or illness. I shall abide by traffic laws and practice courtesy and safety in cycling.

Signature of Club Member or Entrant  Date  Signature of Parent or Guardian
of Individual Under 18