



JUNE 1999 NEWSLETTER

SVBC OFFICERS

President:	
Vice-President: Bob McGovern-Waite	828-0954
Secretary: Eric Aschenbach	574-2798
Treasurer: Marcia Lamphier	289-6712

UPCOMING MEETINGS

June 14	6:00pm	Pre-meeting ride starting at the <i>Spring Creek Town Hall</i> .
	7:30pm	Monthly meeting at the <i>Spring Creek Town Hall</i> .

The SVBC meeting on June 14 will be held at the Spring Creek Community Hall. This meeting is a special meeting to discuss petitioning the city of Harrisonburg and Rockingham County to put in a bike path from Bridgewater to Broadway. Please encourage those interested in this idea to attend the meeting with you.

The directions to the Spring Creek Community Town Hall are as follows:

Take 42 South through Bridgewater. After crossing the North River Bridge turn right on state route 727 W (Spring Creek Rd.). Stay on 727 W until the T-intersection (approximately 3 miles). Turn right at the stop sign onto state route 613 (Spring Creek Rd.). About 1/4 of a mile you will make a right hand turn on state route 748 (Thomas Spring Rd.). The town hall is on the left about 1/10 of a mile. Park in the back of the town hall or across the street on the left lawn.

MAY MEETING MINUTES

There was a slightly stronger showing for the pre-meeting ride this month with Marcia, Bob, Alice, Zack, Carl, and myself enjoying a spin in the area west of Dayton. Upon returning to town, Bob heard what he thought was a train rolling along the tracks that parallel Route 42. As we approached South Avenue we saw the iron behemoth crawling closer towards us, attempting to keep us from our hard-earned pizza. The "crossing guard" was still allowing cars to cross the tracks, so if we sprinted, there was a chance that we would make it! We all dug deep in a valiant attempt to beat the train. As we got closer the crossing guard motioned for us to hurry up. We all squeaked by and made it back in time for the meeting.

In old business, we discussed the progress of the planning for the Bike Festival. It appears that we are on-track and moving forward. There is still a good deal of work that needs to be done, so contact a Club Officer to determine how you can help. Other business

included the discussion of a Club jersey. Since there seems to be sufficient interest among the members, we are going to investigate this further. The Treasurer's report was \$2,652.98 in the Club's account.

New business included the discussion of a plan for a bike path that was in the public eye several years ago. This bike path would have potentially linked Bridgewater to Broadway. The plan was dropped at the time, but in an attempt to promote bicycling, the Club is hosting a public meeting to determine if there is interest in the community to pursue this facility again. The meeting will replace our monthly meeting for June. Century Ride meetings have started already, and Art will be leading the charge again. Please ask him how you can help with this year's event. On a final note, if you would like to lead/sponsor a special ride in the upcoming months, get the information to Neups so that he can list it in the newsletter.

Eric

8TH ANNUAL SHENANDOAH VALLEY BIKE FESTIVAL

The 8th Annual SVBF is scheduled for July 24th at the campus of Bridgewater College. Ride volunteers are needed to help with this fun-filled weekend of cycling in the Shenandoah Valley. We will provide two "ride volunteers" per ride. Please contact Marcia (289-6712) as soon as possible for ride selection.

Below is the list of scheduled rides:

Saturday - July 24th

7:00am	Century (100 miles)	9:30am	Mountain Bike Fun (20 miles)
7:30am	Metric Century (65 miles)	10:00am	Natural Chimneys (32 miles)
8:00am	Union Springs Creek Ride (22 miles)	10:30am	Dry River Run (25 miles)
8:30am	Westward Ho (31 miles)	1:30pm	Silver Lake Ride (20 miles)
9:00am	Base of the Mountain (40 miles)	2:00pm	County Line (20 miles)

The SVBC will host a club ride at 5:30pm on Friday, July 23rd. There will also be a "volunteer recognition" ride on Sunday morning, July 25th. Please come out and join us for the weekend!!!

ADVOCACY

On April 29, Kathy Whitten (the Harrisonburg Planning Commission Chair) and I met with members of the Transportation and Safety Committee as well as various other representatives of the city and county. I gave a relatively comprehensive presentation about why it is in the region's best interest to promote bicycling, and what cost-effective measures the local officials could incorporate to encourage bicycling. After about 1.5 hours of talking and taking questions, the Committee approved the implementation of the Harrisonburg Rockingham Bicycle Plan (HRBP). Now it goes back to the Planning Commission, and then to the City Council.

One point that was strongly agreed upon is that a robust educational program must accompany implementation of the HRBP, and bicycle education in general is sorely needed in this area, especially among college students. I think this is something that the SVBC can become involved in.

Well, I am still out of the state, so that's it for now.

Leonard VanWyk
Advocacy Coordinator

TIME TRIALS

After all this time, it's finally happened. We have a new men's time trial record. Craig Lowry has broken the old record of 20:57. And on his birthday, no less. Craig turned a 20:47 on May 4th. Had it not been for the gravel in the turns, I think he would have done even better. Congratulations, Craig!

SCHEDULE OF EVENTS

Helmets are required on all club rides.

TUESDAYS	5:45pm Time Trials in Montezuma.
WEDNESDAYS	5:15pm. 1 1/2 hours at a B-pace. Meet at the parking lot at Harrisonburg High School. Call Marcia at 289-6712 for more information.
THURSDAYS	6pm Road Ride at Keezletown Elementary School. Fast and furious.
June 4-6	ALA Chesapeake Bay Asthma Ride, Salisbury, MD. Six ride options. Eastern Shore Crab Feast. Call 1-800-642-1184 x312 for more information.
June 4-7	LAB National Rally South. Bourbon, Barns, & Bluegrass. Louisville, KY. Call 202-822-1333 or e-mail bikeleague@bikeleague.org for more information.
June 5-6	11th Annual MS 150 Bike Tour. Charlottesville to Farmville to the NC border. Call 1-800-451-0373 for more information.
June 6	Wannabe Ride. 12:30pm at Wildwood Park, Bridgewater. Call Bob McGovern-Waite (828-0954) or Bill Taylor (433-7154) for more information.

- June 9-13 The Penn Jersey Jaunt. Loops the Delaware Water Gap. Optional raft/canoe trip. Call 410-356-4644 or e-mail bikeknable@aol.com for more information.
- June 13 Knotts Island Century Rides. 100, 66, or 34 miles. Century includes a ferry ride. Post-ride cookout. Contact Tom Adler at 757-482-5587 for more information.
- June 18-21 LAB National Rally North. Springs, Spokes, & Saddles. Saratoga Springs, NY. Call 202-822-1333 or e-mail bikeleague@bikeleague.org for more information.
- June 19 **Breakfast Ride. Meet at Mr. J's Bagels on Rt. 42 South at 8:30am. 35 miles. Please plan to join us prior to the ride for breakfast. Contact Marcia (289-6712) for more information.**
- June 20 **Wannabe Ride. 12:30pm at Wildwood Park, Bridgewater. Call Bob McGovern-Waite (828-0954) or Bill Taylor (433-7154) for more information.**
- June 18-21 LAB National Rally North. Saratoga Springs, NY.
- June 19-26 20th Annual BRAG. Bicycle Ride Across Georgia. LaGrange to Savannah. 440 miles. Call 770-921-6166 or e-mail bragHQ@aol.com for more information.
- June 20 14th Annual Bay to Bay Ride, Betterton, MD. Five mileage options. Call 410-778-4881 for more information.
- June 25-30 Bike Virginia James River Odyssey. Richmond, Franklin, Hampton, and Williamsburg. Call 757-229-0507, or e-mail bikeva@bikevirginia.org for more information.
- July 1-5 RiverRide in the Hudson Valley, Mount Kisco, NY. Supports the Juvenile Diabetes Foundation. Call Norman Fulton at 914-245-7174 for more information.
- July 3-10 Cascade Peaks. Starts and ends in Redmond, WA. An Adventure Cycling tour. Call 1-800-755-2453 or e-mail tours@adv-cycling.org for more information.
- July 10 The Navigate Indy This Evening Ride, Indianapolis, IN. Call Neups for more information.
- July 17-23 Lighthouse Tour. Starts in Bar Harbor, ME. Call 207-743-9018 or e-mail Moosa@Megalink.net for more information.
- July 17-25 The Great Northern Crossing of Pedal Pennsylvania. Erie to Philadelphia. Call 215-561-9679 or e-mail bobi@pedal-pa.com for more information.
- July 18-24 5th Annual Bicycle Tour of Colorado. Telluride Alpine Loop. 468 miles. Call 303-985-1180 or see their web site at www.bicycletourcolo.com for more information.
- July 23-25 Chowan Weekend Getaway. Murfreesboro, NC. Contact Fran Adams at 757-467-2775 for more information.
- July 23-26 LAB National Rally. Wine, Vines, & Valleys. Sonoma County, CA. Call 202-822-1333 or e-mail bikeleague@bikeleague.org for more information.
- July 24 **8th Annual Shenandoah Valley Bike Festival!**
- July 24-30 Cycle Across Maryland XI. Western Maryland. Call 1-888-226-7433 or visit their web site at <http://cyclxmd.org> for more information.
- July 25-31 Bon Ton Roulet. 3rd Annual. Seven days, 400 miles through the Finger Lakes Region of central New York. Call 607-756-2893 for more information.
- July 25-31 MOOSA Tour. Starts in Skowhegan, ME. Call 207-743-9018 or e-mail Moosa@Megalink.net for more information.
- July 31-Aug. 6 Cycle Montana. Adventure Cycling Association. Call Neups for more information.
- August 1-6 Moose Tour. Maine. Call 207-743-5993 or e-mail moosetour@ctel.net for more information.
- August 7 Dog Daze Century. West Chester, PA. Bicycle the roads of Pennsylvania and Maryland. Terrain is rolling, occasionally hilly. Call Ann Marie Sullivan at 610-644-3792 for more information.
- August 8-13 Tri-State Wheelers Bicycle Tour. Massachusetts, New Hampshire, and Vermont. Call 1-800-727-9711 for more information.
- August 21-27 Cycle Vermont. Sponsored by the Adventure Cycling Association. Starts and ends in Burlington. Camping at Vermont State Parks. Call Neups for more information.
- August 21 Stone Bridge Century. Hagerstown, MD. Crosses fourteen stone arched bridges. Metric century also offered. Call 301-733-3067 or e-mail bee@intrepid.net for more information.

- August 29 Williamsburg Barbeque Ride. Sponsored by the Lions Club for their Journey for Sight crusade. Call Neups for more information.
- September 12 **17th Annual Shenandoah Valley Century!**
- September 18 9th Annual Adams Apple Bike Ride. Gettysburg, PA. 25, 50, or 100 miles. For a registration form or more information, call 717-334-8151.
- September 25 2nd Annual Bike Shenandoah. EMHS, Harrisonburg. 100, 62, 30, 15, and 5 mile options. Call John Kerider at 574-4873 or e-mail him at bikeshen@aol.com for more information.
- October 2-16 Mountains to the Sea. The cross-state recreational bike tour. Murphy to Manteo, NC. Choose from 14-, 7-, 6-, and 1-day options. E-mail ncas@interpath.com for more information.
- October 15-17 32nd Hilly Hundred Weekend Bicycle Tour, Bloomington, IN. Call Neups for more information.
- October 29-31 Bike Virginia Fall Foliage Bike Festival. Staunton. Call 757-229-0507, or e-mail bikeva@bikevirginia.org for more information.
- Various Ultimate Bicycle Tours has a variety of trips this year, including Alaska, Russia, and China. Call 1-800-347-6136 for more information.
- June 2-July 7, 2000 Bike South 2000. Tallahassee, FL to Charlottesville, VA.

1998 MILEAGES



Marcia Lamphier	6,533	David Knicely	2,888
Neups	5,554	Eric Aschenbach	2,835
Bill Painter	4,015	Ellen Painter	2,670
Mark Eckroth	3,356	Hank Schiefer	2,103
Mahlon Webb	3,202	Larry Grossman	1,750
Zack Perdue	3,168	Alice Webb	1,580
		Scott Ripley	667

If you have your 1998 total, call, e-mail, or fax Neups to have it listed.

DUES

Remember to pay your dues when the date on your mailing label is either highlighted or marked through. The newsletter deadline is the third Monday of each month, so have your check in before then.

MEMBERSHIPS EXPIRING JUNE/July

<u>C. David Knicely</u>	<u>William Taylor</u>	<u>Charlynn Turner</u>	<u>Rick Villiard</u>
Eric Aschenbach	Rich Harris	Glen Heatwole	Dan Neher

REMEMBER that the Newsletter is available for delivery via e-mail, fax, or regular mail. The same can be said for articles submitted for the Newsletter. The deadline for articles is the second to last Monday of the month. Just e-mail to Neups at neups@shentel.net or fax articles to 564-9505. You may use the Club's P.O. Box 1014 for regular mail. Thanks.