



MAY 1999 NEWSLETTER

SVBC OFFICERS

President:	
Vice-President: Bob McGovern-Waite	828-0954
Secretary: Eric Aschenbach	574-2798
Treasurer: Marcia Lamphier	289-6712

UPCOMING MEETINGS

May 10	6:00pm	Pre-meeting ride starting at Luigi's.
	7:30pm	Monthly meeting at Luigi's.

APRIL MEETING MINUTES

Spring has sprung, and we were back again at Luigi's for our monthly meeting. It was a party of one for the pre-meeting ride, but that did not deter me from taking a quick spin. I headed south towards Dayton and was promptly forced off the road by an inconsiderate UTZ delivery truck. I stopped and mentioned the incident to the police officer operating a radar trap just down the road on Route 42. While sympathetic, there was little he could do without a license plate number. I continued on to fight my next battle...the wind. I think the March winds were blowing a little late this year, but I managed to make it back just in time for the meeting.

After we ordered some food, we dug into some old business. As you may have noticed, the Club's web page has been relocated and spruced-up. Check it out and provide some input as to what else would be useful to incorporate into the site.

The Trash Pickup was a big success. There were numerous people helping and the task was completed in record time. As usual, there was plenty of trash to be found. Thanks to everyone that helped.

Len mentioned several items he has been working on, so check out his column for additional information.

In new business, there is substantial support for the Club to put on a Bike Festival this year. Some sponsors have been lined up, and postcards are going out shortly to previous year participants. We will be advertising in major cycling publications, and distributing flyers/posters to businesses near and far. We are scaling it back to just Saturday in order to make the task more manageable, but we will still offer a diverse selection of rides. We need the support of our members more than ever this year to put on a great event. Ride leaders, sag wagon drivers, and aid station workers are the key needs right now.

An idea was brought up that it might be a neat idea to get an official Club jersey (other than the yellow ones many of us wore last year). We could probably get a good price for a large order. We may also be able to use some of the budget surplus in the treasury to offer them at reduced price to Club members? Think about it and give us your feedback.

The final item of business was the elections. Thank you to everyone that voted. Drum roll please...all the incumbents were re-elected and will retain their present positions. We are still actively seeking a President.

Eric

Mark's Bike Shop, Blue Ridge CycleWorks, and Mole Hill Bikes
all contribute to the cost of the monthly newsletters.

Please support these local shops.

(Also underwritten by R.R. Donnelley & Sons Company)

WELCOME NEW MEMBERS

Jim Sochacki

Bridgewater

WELCOME BACK RETURNING MEMBERS

Kay Huskins & Marc Stecker

Keezletown

Andrew Jones

Mt. Crawford

Mike & Ann Wenger

Harrisonburg

Thanks to all the above for your continued support of the Club.

SVBC ACTIVITY COORDINATORS

<u>Century</u>	Art Fovargue	433-9247	<u>Newsletter</u>	Neups	434-1878
<u>Rides</u>	Bill Taylor	433-7154	<u>Time Trial</u>	needed	
	<u>Advocacy</u>	Len VanWyk	432-0138		
	Web page	http://www.math.jmu.edu/~vanwyk/svbc/			

EFFECTIVE CYCLING

For those of you who get the newsletter by e-mail, and those of you on the Web that need to look at past articles, the LAB web site has about twenty of the effective cycling articles that we include in the

newsletter from time to time. Just go to:
<http://www.bikeleague.org/ec2/ecnotebook/ecnotebook.htm>

Neups

TRASH THANKS

Our thanks go out to the following for making our section of road litter free. Alice Stecker, Mark Stecker, Kay Huskins, Janell Hofmeister, Sean McGovern-Waite and his friend RJ, Zack Perdue, Steve (Wise?), and Dave (?). Bob hopes he didn't forget anybody. Great job!

CLASSIFIEDS

FOR SALE: Serotta Frame, 60LCM with a 60cm top tube. Titanium. Kestral fork. Call Marc at 269-8903 to work out a price.

FOR SALE: GT Pro Freestyle Tour, Cro-Mo frame, perfect condition, \$375 to start. Call 248-5810.

FOR SALE: Specialized Hard Rock 19" Mountain Bike. Excellent transportation. Grip shift with new rear derailleur. Recently serviced - new brake pads and chain, maintenance-free crank bearings. Call Jean at 432-9086.

FOR SALE: Post-Moderne brand suspension seatpost. Elastomer and coil spring compression, 40 mm of travel, adjustable preload, nice seat clamp. \$45 OBO. Contact Eric at 574-2798.

FOR RENT: Tricosports bike case/carrier. Good for transporting your bike on plane, train, or bus anywhere in the world. Contact Dick Wettstone at 434-9430 (work) or 433-4884 (home).

FOR SALE: Trek 501 18-speed bicycle. Grey, Reynolds 501 chro-moly butted frame. Avocet gel seat, Dia-compe brakes. 27 x 1-1/4 alloy clincher rims, rear luggage rack. Toe clips and straps. Suntour AR front and ARX rear derailleurs. QR hubs. 18" frame. Excellent condition. \$100. Call Waltine Begoon at 828-6602.

ADVOCACY

On April 14, I attended the Harrisonburg Planning Commission's workshop at the request of Kathy Whitten (the Chair of the Commission). She had recently returned from Tampa FL, where she noticed a number of "shared space" wide curb lanes; she couldn't help but wonder why none of these exist in Harrisonburg. So, I gave a very brief presentation, which resulted in a scheduled meeting with the Transportation and Safety Committee. Kathy Whitten and I will meet with this committee on April 29 to attempt to convince them that installing a few of these in particular locations is a good start to implementing the Harrisonburg Rockingham Bicycle Plan.

On April 15, I spoke with Don Komara at VDOT about a couple of matters. (1) Route 42 between Harrisonburg and Dayton, where the Walmart is being built. He thinks widening this road is a "valid request" for an enhancement project, especially since doing so would serve 2 groups (bicyclists and buggies). But to get TEA-21 funds, such a project would need backing from the city and/or county, and they would have to put up 20% of the cost. And even if they do agree to cough up the money today, it is too late for VDOT to incorporate bicycle provisions into Walmart's improvements. BUT, since Walmart is paying for the changes anyway, I called Walmart's representatives to try to get them to pay for bicycle improvements while they are making their improvements for automobiles. No word yet. (2) Bluestone Drive, the sequel. Same story. The plans to repave Bluestone, which occurred before my time here, do not include any widening for bicycles. In order to get this to happen, I will have to pester the University to cough up 20% (as above) and get the city and/or county to OK it. I'll keep trying. I plan on making a presentation to the SGA at JMU next fall (they are done for this year).

By the way, I suggest the SVBC, in cooperation with perhaps the city police and the JMU/EMU campuses, address the issue of bicyclist education. This would fit in nicely with the implementation of the HRBP, and would give us a higher profile in the community.

And finally, on April 15, the following letter to the editor (which I wrote) appeared in "The Breeze", JMU's student newspaper:

'While mopeds have less of a detrimental environmental impact than automobiles or light trucks, they are far from an ideal mode of transportation, as was stated in the article "The best deal on two wheels", in the April 1 issue of The Breeze.

'Like all gasoline-powered vehicles, mopeds come with hidden costs. Gasoline-powered vehicles contribute to air pollution; in particular, they are a source of carbon dioxide and other heat-trapping gases that cause global warming. Their reliance on gasoline also contributes to water pollution from (a) groundwater contamination from underground gas storage tanks, (b) runoff of fuel and engine oil, and (c) marine oil spills. Furthermore, gasoline-powered vehicles contribute to our nation's reliance on imported oil, making the transportation sector of our economy as susceptible to oil shocks as it was in the 1970s.

'A far better mode of transportation for students, faculty, and staff is the bicycle. Commuting by bicycle has none of the shortcomings of a gasoline-powered vehicle, and has significant health benefits. A high-quality commuting bicycle costs about one-quarter as much as a moped, has significantly lower maintenance costs, and lasts longer.

'Your "Focus" article got it wrong; the "best deal on two wheels" is clearly a bicycle.'

Leonard VanWyk
Advocacy Coordinator

8th ANNUAL SHENANDOAH VALLEY BIKE FESTIVAL

Another festival is just around the corner. This year festival will be held on one day only, July 24th. We'll do some Club riding on Friday and Sunday, but Saturday will be for our visitors. Bill McAnulty is heading it up this year and the Club, not the Chamber of Commerce, is sponsoring it. Look for more information soon.

JERSEYS ANYONE?

There are requests being put out for Club jerseys. Many other clubs have them, so why not us? It's been a long time since something like this has been floated, and we'd like to have some feedback. Please call one of the officers over the next couple weeks, or e-mail Neups, and let someone know how you feel on this subject. Jerseys would look great being worn by everyone on the Wednesday night rides, the Thursday rides, at the Festival, and at our Century and other centuries that we attend. Let someone know and we'll get started on this! Thanks.

SCHEDULE OF EVENTS

Helmets are required on all club rides.

TUESDAYS

5:45pm Time Trials in Montezuma.

WEDNESDAYS

5:15pm. 1 1/2 hours at a B-pace. Meet at the parking lot at Harrisonburg High School. Call Marcia at 289-6712 for more information.

THURSDAYS

6pm Road Ride at Keezletown Elementary School. Fast and furious.

May

NATIONAL BIKE MONTH.

May 2-4

Virginia's first GOVERNOR'S CONFERENCE ON GREENWAYS and TRAILS. Workshops, field trips, and exhibits. Roanoke. Call 804-798-0045 or e-mail VAGwayConf@aol.com for more information.

May 8

3rd Annual Pedal the Parkway. Colonial Parkway, Williamsburg. Closed to motorized vehicles from 8am to 1pm.

May 15

12th Annual Tour De Madison Road Ride. Madison County, VA. Call 540-948-6887 for information on the tour.

May 15

Tour De Chesapeake. Call 757-229-0507, or e-mail bikeva@bikevirginia.org for more information.

May 15-16

Clean Air Challenge. Little Rock to Hot Springs and back, AR. Call 1-800-880-5864 for more information.

May 17-21

Bike to Work Week.

May 21

Bike to Work Day.

May 29-30

The Wilderness Road Ride (20, 50, or 70 miles) and the Mountains of Misery Challenge Century (103 miles and 14,000 feet of climbing). Christiansburg. Portions of the proceeds will go to benefit the Lance Armstrong Foundation. Neups has registration forms.

June 4-6

ALA Chesapeake Bay Asthma Ride, Salisbury, MD. Six ride options. Eastern Shore Crab Feast. Call 1-800-642-1184 x312 for more information.

June 4-7

LAB National Rally South. Louisville, KY.

June 5-6

11th Annual MS 150 Bike Tour. Charlottesville to Farmville to the NC border. Call 1-800-451-0373 for more information.

June 9-13

The Penn Jersey Jaunt. Loops the Delaware Water Gap. Optional raft/canoe trip. Call 410-356-4644 or e-mail bikeknable@aol.com for more information.

June 13

Knotts Island Century Rides. 100, 66, or 34 miles. Century includes a ferry ride. Post-ride cookout. Contact Tom Adler at 757-482-5587 for more information.

June 18-21

LAB National Rally North. Saratoga Springs, NY.

June 19-26

20th Annual BRAG. Bicycle Ride Across Georgia. LaGrange to Savannah. 440 miles. Call 770-921-6166 or e-mail bragHQ@aol.com for more information.

June 20

14th Annual Bay to Bay Ride, Betterton, MD. Five mileage options. Call 410-778-4881 for more information.

June 25-30

Bike Virginia James River Odyssey. Richmond, Franklin, Hampton, and Williamsburg. Call 757-229-0507, or e-mail bikeva@bikevirginia.org for more information.

July 1-5

RiverRide in the Hudson Valley, Mount Kisco, NY. Supports the Juvenile Diabetes Foundation. Call Norman Fulton at 914-245-7174 for more information.

July 3-10

Cascade Peaks. Starts and ends in Redmond, WA. An Adventure Cycling tour. Call 1-800-755-2453 or e-mail tours@adv-cycling.org for more information.

July 10

The Navigate Indy This Evening Ride, Indianapolis, IN. Call Neups for more information.

July 17-23

Lighthouse Tour. Starts in Bar Harbor, ME. Call 207-743-9018 or e-mail Moosa@Megalink.net for more information.

July 17-25

The Great Northern Crossing of Pedal Pennsylvania. Erie to Philadelphia. Call 215-561-9679 or e-mail bobi@pedal-pa.com for more information.

July 18-24

5th Annual Bicycle Tour of Colorado. Telluride Alpine Loop. 468 miles. Call 303-985-1180 or see their web site at www.bicycletourcolo.com for more information.

July 23-25	Chowan Weekend Getaway. Murfreesboro, NC. Contact Fran Adams at 757-467-2775 for more information.
July 23-26	LAB National Rally. California wine country.
July 24-30	Cycle Across Maryland XI. Western Maryland. Call 1-888-226-7433 or visit their web site at http://cyclexmd.org for more information.
July 25-31	Bon Ton Roulet. 3 rd Annual. Seven days, 400 miles through the Finger Lakes Region of central New York. Call 607-756-2893 for more information.
July 25-31	MOOSA Tour. Starts in Skowhegan, ME. Call 207-743-9018 or e-mail Moosa@Megalink.net for more information.
July 31-Aug. 6	Cycle Montana. Adventure Cycling Association. Call Neups for more information.
August 1-6	Moose Tour. Maine. Call 207-743-5993 or e-mail moosetour@ctel.net for more information.
August 8-13	Tri-State Wheelers Bicycle Tour. Massachusetts, New Hampshire, and Vermont. Call 1-800-727-9711 for more information.
September 25	2 nd Annual Bike Shenandoah. EMHS, Harrisonburg. 100, 62, 30, 15, and 5 mile options. Call John Kerider at 574-4873 or e-mail him at bikeshen@aol.com for more information.
October 2-16	Mountains to the Sea. The cross-state recreational bike tour. Murphy to Manteo, NC. Choose from 14-, 7-, 6-, and 1-day options. E-mail ncas@interpath.com for more information.
Various	Ultimate Bicycle Tours has a variety of trips this year, including Alaska, Russia, and China. Call 1-800-347-6136 for more information.
June 2-July 7, 2000	Bike South 2000. Tallahassee, FL to Charlottesville, VA.

1998 MILEAGES



Marcia Lamphier	6,533	David Knicely	2,888
Neups	5,554	Eric Aschenbach	2,835
Bill Painter	4,015	Ellen Painter	2,670
Mark Eckroth	3,356	Hank Schiefer	2,103
Mahlon Webb	3,202	Larry Grossman	1,750
Zack Perdue	3,168	Alice Webb	1,580
		Scott Ripley	667

If you have your 1998 total, call, e-mail, or fax Neups to have it listed.

DUES

Remember to pay your dues when the date on your mailing label is either highlighted or marked through. The newsletter deadline is the third Monday of each month, so have your check in before then.

MEMBERSHIPS EXPIRING MAY/June

Dan Funkhouser

C. David Knicely
Charlynn Turner

William Taylor
Rick Villiard

Judith Trumbo

REMEMBER that the Newsletter is available for delivery via e-mail, fax, or regular mail. The same can be said for articles submitted for the Newsletter. The deadline for articles is the second to last Monday of the month. Just e-mail to Neups at neups@shentel.net or fax articles to 564-9505. You may use the Club's P.O. Box 1014 for regular mail. Thanks.