



MARCH 1998 NEWSLETTER

SVBC OFFICERS

President: David Knicely	828-3599
Vice-President: Bob McGovern-Waite	828-0954
Secretary: Matt Madden	574-6062
Treasurer: Marcia Lamphier	289-6712

FROM THE SADDLE

Like the past three years, the Shenandoah Valley Bicycle Club began 1998 in a cycling type of fashion. Bill Taylor once again organized his traditional Annual Icicle Ride at noon on New Year's Day. Even though the weather was on the cold side, along with a little snow still on the ground, a number of cyclists rode on the 15-mile ride around the Harrisonburg area. Two days later, most of the same cyclists rode on one of Bill's off-road weekend training rides. Mud, snow, mud, puddles of dirty water, and mud (wait, I think I've said mud before) come to mind when I reflect on that particularly fun ride. At the end of the ride, everyone had great big gobs mud all over their bikes and bodies. If we had taken a vote, the muddiest two riders of the group where Tom

Mayer and Janell Hofmeister. They dove into the same deep mud hole during a minor bike wreck. I cannot guarantee that the other rides, offered through the SVBC, will be as fun and muddy as that one, but I hope that you will nevertheless join us for one of the winter training rides.

Spring will begin in March, even though Punxsutawney Phil (alias "The Groundhog") spotted his shadow on February 2nd. I am, as usual, looking forward to the beginning of springtime. However, as I write this article, the weatherman is calling for rain/snow on Wednesday, February 11, 1998. If it does indeed rain/snow, it will be the third Wednesday in a row that it has rained/snowed (Talk about consistency). Can we blame this

occurrence or pattern on that El Niño thing, too?

Once again, I have decided to run for President of the SVBC for the upcoming year. I think that Marcia should be President, but she says no. Just to let the members know, this will likely be my last year as President of the Club. Three years in the Presidential office are enough. With the insurmountable and monstrous problems that Bill Clinton has been experiencing while in the Presidential office, I surely do not want my nefarious and scandalous activities brought into the national spotlight.

Until next time, keep those pedals spinning.

Knicely

UPCOMING MEETINGS

March 9 **7:00pm** Monthly meeting at *Luigi's*.

JANUARY MEETING MINUTES

Eight hungry members battled the frigid and chilly night air to attend the club's annual potluck dinner held at the President's house. Just past 6:00pm, we began swarming over the spread of delicious food like honey bees to flowers in early spring.

David concluded the dinner/meeting by reminding us of the focus on upcoming Club meetings and odds & ends: 1) Swap meet in February and elections in March. 2) According to membership

records, the club now supports approximately 55 members. 3) Marcia's Treasurer's report was \$1,762.23. 4) David asked for 1997 mileage. Call either David or Neups with your 1997 mileage, and we will include your miles in the newsletter. Placing your hard-earned achievement within the newsletter is an excellent way to close out your cycling for 1997. David handed out new mileage logs for 1998. If you would like one, please see David at the next monthly meeting. 5) A recommendation was proposed that the

Club examine the possibility of purchasing youth helmets to present to local youth who could not afford

to purchase their own helmets. The meeting came to a close at 7:30pm.

Knically

Mark's Bike Shop, Blue Ridge CycleWorks, and Mole Hill Bikes
all contribute to the cost of the monthly newsletters.

Please support these local shops.

(Also underwritten by R.R. Donnelley & Sons Company)

FEBRUARY MEETING MINUTES

After calling the meeting to order at 7:10pm, which was held at Luigi's, David began the monthly meeting by displaying to the five club members various literature and periodicals that he received since January's monthly meeting. The meeting then turned to discussing the Sunday Winter Rides, lead by Mark, Bill, and Marcia. In January, the Sunday Winter Rides were met with warmer than normal weather. There has been some discussion about an organized cross-country ski trip to somewhere.....if you are interested, tell one of the club officers. Marcia gave a Treasurer's report: \$1,771.94. David announced that Harrisonburg City

Counsel passed the plan for bike lanes on a section of Port Republic Road which will be financially supported with a partial grant from ISTE. The February meeting came to a close with the eating of pizza. While eating dinner, Neups informed the group that a Racing Club had been established by 10 local cyclists, which include 3 of our members. Neups suggested that the administrative body consider merging SVBC with the newly established Racing Club and the local Mountain Bike Club. I would greatly appreciate your comments on this proposal.

Knically

WELCOME NEW MEMBERS

Andrew Jones Family
Scott Ripley

Mt. Crawford
Mt. Sidney

WELCOME BACK RETURNING MEMBERS

Debbie Tuler

Weyers Cave

Thanks to all the above for your continued support of the Club.

SVBC ACTIVITY COORDINATORS

<u>Century</u>	Art Fovargue	433-9247	<u>Newsletter</u>	Neups	434-1878
<u>Rides</u>	Bill Taylor	433-7154	<u>Time Trial</u>	David Knically	828-3599

NEW WEB PAGE

I have been cruising the Internet now for over two years. It's growth has been amazing. Also amazing to me is that you can get free e-mail accounts and web pages. In that regard, I have decided to go off my ISP's web page account and use one of the free services. (Read this as save some money.) My new page, one where you can get a listing of SVBC events and

activities, is now located at <http://members.tripod.com/~Neups>. I've organized things into separate pages this time around and will be looking to include our Club's application form and our Century form. Give it a look sometime. And give me feedback. It's your page, too.

Neups

CLASSIFIEDS

FOR SALE: Two bike roof racks. A bit aged with a bit of iron oxide, but still functional for that second car, or where cosmetics don't matter.

c #1 - Barrecrafters Spoke Tote (BR-20) - Was last on a '72 Capri (was necessary for structural integrity of auto). Connects to rain gutters (remember those?).

#2 - Convert-A-Porter (No. 1002) - Was last on a '76 Datsun hatchback. Connected to an inverted rain gutter (designed to keep water on road from splashing your roof - never caught on).

Both carry two bicycles. Best offer or for-the-taking (before I'm forced to throw 'em out). Call Art Fovargue at 433-9247.

FOR SALE: Yakima Bike Rack. Accommodates both short and long roofs, holds two bikes, \$100. Call Bill at 433-7154.

FOR SALE: 1) Peugeot Road Bike. Model PGN-10, 60cm, high quality Reynolds 501 tubing, racing geometry, Look clipless pedals, Simplex/Nervar/Sachs-Maillard drivetrain, 12-speed, NEVER crashed!! Asking \$195.

2) Cannondale Mountain Bike. Model SM700, 20", Ritchey Logic chromoly fork, Shimano XT/LX components, 21-speed, Vetta cyclocomputer, new grips, new pedals with toeclips, new rear tire. Asking \$400.

Call Eric at 574-2798 for details about either of these great deals!!!

TIDBITS

Smith & Wesson, the handgun maker, has brought out a line of police bicycles. There are now more than 20,000 police patrols on bicycle and the number is expected to increase greatly. We've had ours for a few years now and we wish them the best of success and a long ride.

SCHEDULE OF EVENTS

Saturdays 10am. Winter Training Rides. McGaheysville Park & Ride (location may change from week to week). Two to four hours at an 18-20mph average. Focus is on Long Slow Distance. Slower riders welcome. Route maps available. Call Alan Silverman for information at 289-7100.

Saturdays 2:30pm. Shenandoah Mountain Bike Club Women's Ride starting from Blue Ridge Cycle Works. All ages and abilities encouraged to join. Call 434-6049 for details.

SUNDAYS **12 noon. Winter Training Rides. This winter, we bring back a regular series of rides for those of you who will not let a little bad weather interrupt your cycling enjoyment. We will be meeting on a weekly basis for rides of one to two hours in length - weather to dictate the distance. Ride leaders will include Marcia, David, Bill, and Marquess. First ride will be on January 4th and the series will be continued through March. Major snowfall means cancellation of ride and x-country skiing instead. Call Bill at 433-7154, or other ride leaders for location and other details. Shake off that winter feeling of blah and join us.**

March 21 Wannabe Ride, Bridgewater. Noon. Call David Knicely at 828-3599 for more information.

April 18 Randonneur Brevet, 200km, Warrenton. Potomac Pedalers, Jim Kuehn, 410-721-2465.

April 18 Mountain Bike Mania Metric Century, Lenoir, NC. Caldwell County Chamber of Commerce, Jodi Quinn, 704-726-0616, or e-mail: jcquinn@twave.net

April 19 First Annual Jimmy London Memorial Ride. Benefits the Leukemia Society of America. Pungo, VA. Call Chris Nolan at 804-673-8855 for more information.

April 19 Taxing Metric Century, Knauertown, PA. Brandywine Bicycle Club, Sue Greene, 610-983-9127.

APRIL 25 Spring Valley Wellness Center Rides. Information to be forthcoming.

May 2 Pedal the Colonial Parkway, Williamsburg.
 May 2 - 3 Clean Air Challenge. Little Rock - Hot Springs, AR. Call 1-800-880-5864 to pre-register.
 May 9 Tour de Cure, Baltimore. American Diabetes Association, 1-800-868-7888.
 May 9 Randonneur Brevet, 300km, Frederick. Potomac Pedalers, Jim Kuehn, 410-721-2465.
 May 24 ROC Hill Climb, Roanoke.
 May 25 Saturn Cub, Roanoke.
 June 6 Randonneur Brevet, 400km, Warrenton. Potomac Pedalers, Jim Kuehn, 410-721-2465.
 June 19-24 Bike Virginia Civil War Odyssey III. 757-229-0507.
JUNE 20 Summer Valley Wellness Center Rides. Information to be forthcoming.
 June 27 Randonneur Brevet, 600km, Warrenton. Potomac Pedalers, Gordon Meuse, 703-812-5166.
 July 11-18 Pedal Pennsylvania Penn Central Tour. Pittsburgh to Philadelphia. 215-561-9679, or e-mail: bobi@pedal-pa.com
 July 17-19 Virginia Commonwealth Games.
 July 19-25 Bicycle Tour of Colorado. Benefits the Make-A-Wish Foundation. 1-800-985-9399.
 July 23 - 29 Cycle Across Maryland. Tenth anniversary. Explore the Eastern Shore area. Call 1-888-226-7433 to be put on the mailing list.
July 24-26 7th Annual Shenandoah Valley Bike Festival. Harrisonburg-Rockingham Chamber of Commerce, 434-3862.
 Various National Park, Cross-State, and Coast-to-Coast Tours. Cycle America, 1-800-245-3263.
 Various The Wayfarers Tours, 201-796-9344, or e-mail: cycling@idt.net

1997 MILEAGES



Jim Mitchell	2,400	Bill Painter	3,070
Neups	5,480	Hank Scheifer	1,783
Bill McAnulty	2,074	Art Fovargue	2,036
Marcia Lamphier	5,263	Larry Grossman	3,850
David Knicely	3,884		

If you have your 1997 total, call, e-mail, or fax Neups to have it listed.

DUES

Remember to pay your dues when the date on your mailing label is either highlighted or marked through. The newsletter deadline is the third Monday of each month, so have your check in before then.

MEMBERSHIPS EXPIRING March/April

Brian Bauer & D. Warnaar Rich Harris Mike Miller
 Bill Taylor

REMEMBER that the Newsletter is available for delivery via e-mail, fax, or regular mail. The same can be said for articles submitted for the Newsletter. The deadline for articles is the second to last Monday of the month. Just e-mail to Neups at neups@shentel.net or fax articles to 564-9505. You may use the Club's P.O. Box 1014 for regular mail. Thanks.