

JAN./FEB. 1997 NEWSLETTER

SVBC OFFICERS

President: David Knicely	828-3599
Vice-President: Bob McGovern-Waite	828-0954
Secretary: Steve Strider	289-5135
Treasurer: Marcia Lamphier	289-6712

Happy Holidays!!! As the traditional holidays approached, I hope that you and your families were able to capture the excitement and happiness that the season had to offer.

While resting in my comfortable chair and thinking about what to write for my January article, I recalled that I received positive comments about last year's year-in-review article. So, once again, I will examine the Club's colorful and eventful 1996 cycling season. January 1996 began with Bill Taylor's Second Annual Icicle Ride. Two years ago, the weather was warmer than normal. Yet 1996's early-season riders rode in cold, damp weather. For the first time in the Club's history, the January monthly meeting/pot luck was canceled due to the 30+" of snow that fell. By the end of the month, everyone in the Valley was talking about the two blizzards and the major flooding that followed the snow storms. The first three Winter Training Rides, hosted by Matt, Marcia, and Bill, were canceled due to inclement weather. By February, the cool arctic weather descended on the Valley for a two-week period (i.e. no one on the roads or trails). The February meeting was held in conjunction with the "canceled" pot luck meal. Everyone attending

FROM THE SADDLE

the meeting won a door prize. The club's election was held during March, ushering in a new President and VP. The President announced the appointment of an Executive Committee and that he planned on initiating new ideas for the Club. Brian and Debbie began their annual spring rides as the weather turned slightly warmer in March. Normally, the April monthly meeting is held at Hillandale Park, but due to the colder than normal weather, the meeting was held inside the confines of the Valley Wellness Center. Time trials began during the third week of April, with one, lone, brave rider racing against the clock. Bill, the Ride Coordinator, began the Spring Training Rides. Even though it was chilly, the May meeting began with the first pre-meeting ride. The Sunday Wannabe Ride began as a way for first-time riders to learn new riding techniques and group riding skills. The President arranged for the June monthly meeting to be held at Hillandale on the second Saturday of the month. That meeting was met with mixed emotions and involvement. By July, the club's activity pace picked up. The club's annual summer picnic and monthly meeting was to begin at Hillandale Park at 5:30pm with a pre-meeting ride. But the damp, rainy day kept

everyone home until the picnic started. By the time 6:30 arrived, a group of twelve, hungry, Gore-Tex clad picnickers descended on Hillandale. The club, once again, supplied ride leaders for the 5th annual H/R Chamber's Bike Festival. The pace further quickened in August due to the numerous club sponsored rides: the Zoo Ride, the Ice Cream Ride, the Keezletown rides, time trials, and the Wannabe Rides, to name a few. For the second month in a row, the pre-meeting ride had to be canceled due to heavy rainfall. September will be remembered for the club's "canceled" 14th Annual Century. In October, daylight savings time ended, slowing most evening rides and ending the cycling season for others. To end 1996, November's and December's regular monthly meetings moved from the Valley Wellness Center to other locations. In closing, we saw early signs of winter as the northern arctic winds picked up and snow fell by mid-December.

I hope that when you reflect on your 1996 season, your mind's eye will be seeing a panoramic vision that includes many adventures and excitement.

Until next time, keep those pedals spinning.

Knicely

Mark's Bike Shop, Blue Ridge CycleWorks, and Mole Hill Bikes
all contribute to the cost of the monthly newsletters.
Please support these local shops.

UPCOMING MEETINGS

January 13 6:00pm Annual Pot Luck at the Valley Wellness Center. NOTE TIME!
February 10 7:00pm Monthly meeting at the Valley Wellness Center. Our annual Swap Meet will take place. NOTE TIME! We will have future indoor meetings starting at 7pm, also.

OCTOBER MEETING MINUTES

Bob McGovern-Waite commenced the meeting promptly at 7:30pm at the Valley Wellness Center. Cycling issues discussed included trash pick-up in Penn Laird, mountain bike ride to Hone Quarry on Sunday, October 20th, and an officers' meeting sometime in October. Marcia gave the treasury report of \$1,057.64. The November meeting will be at Luigi's at 7pm on the 11th. The December meeting will be at Bob's house on the 9th at 7pm. Neups talked about the club receiving a nice thank you letter from the United Way.
Steve Strider

DECEMBER MEETING MINUTES

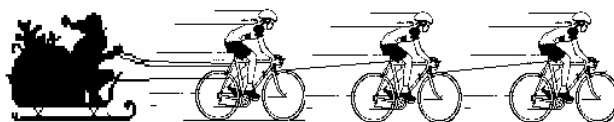
Happy Holidays!!!
David called the December meeting, which was changed from Bob's house to David's house, to order at approximately 7:15pm. The meeting began by discussing upcoming club interests and events with the three attending club members. First, the Winter Training rides will once again begin in January. Second, the Third Annual Icicle Ride will be held on New Year's day. Third, upcoming club meetings: January's pot luck at the Wellness Center and February's swap meet at the Wellness Center. In closing, Marcia's gave a Treasurer's report of \$1,049.32. The meeting came to a close at 7:30.
As the 1996 cycling season comes to a close, I wish to extend a gracious thanks to each of the officers and executive members - Bob, Marcia, Steve, Art, Bill and Neups - for helping me with the operations of the Club throughout the year. I believe that without these people, our Club would not have had a successful cycling season for 1996. Accordingly, I am planning to run for a second term as President of your Club.
Knically

WELCOME NEW MEMBERS

Dary Erwin
Debbie Tuler
Harrisonburg
Harrisonburg

WELCOME BACK RETURNING MEMBERS

Larry & Marcia Brown
Mark Eckroth
John Maxfield & Family
Harrisonburg
Weyers Cave
Harrisonburg
Thanks to all the above for your continued support of the Club.



SVBC ACTIVITY COORDINATORS

<u>Century</u>	Art Fovargue	433-9247	<u>Newsletter</u>	Neups	434-1878
<u>Rides</u>	Bill Taylor	433-7154	<u>Time Trial</u>	David Knicely	828-3599

EDITOR'S COLUMN

Ah, the end of one year and the beginning of the next. Have you made any resolutions as regards to your bicycling? Maybe you will finally try to commute on your bicycle this year. It's really not too hard to do. Maybe it's remembering to accommodate traffic as it accommodates us: following all rules of the road; letting traffic pass when the road is clear by not riding two abreast; stopping off the road to take pictures, fix a

flat, or grab a bite to eat; not leaning bikes against a store's front window nor blocking the sidewalk for other customers.

Remember that we all either create a positive image of cycling or detract from it. Let's all have a successful year ahead of us.

Neups

CLASSIFIEDS

FOR SALE: Two bike roof racks. A bit aged with a bit of iron oxide, but still functional for that second car, or where cosmetics don't matter.

#1 - Barrecrafters Spoke Tote (BR-20) - Was last on a '72 Capri (was necessary for structural integrity of auto). Connects to rain gutters (remember those?).

#2 - Convert-A-Porter (No. 1002) - Was last on a '76 Datsun hatchback. Connected to an inverted rain gutter (designed to keep water on road from splashing your roof - never caught on).

Both carry two bicycles. Best offer or for-the-taking (before I'm forced to throw 'em out). Call Art Fovargue at 433-9247.

FOR SALE: 1) Nishiki Modulus - 56 cm - 12 speed - 105 groupo - Look pedals - Good condition - \$200.

2) Giant Iguana - 18" - Alivio groupo - New 95' - \$350.

3) Specialized Rockhopper Ultra - 17" - 21 speed - STX and Alivio groupo - Like new - never ridden - \$350.

4) Trek 1000 Aluminum - 54 cm - Blaze groupo - good trainer or beginners bike - \$150.

Call Brian - 433-4977 - or - 1-800-972-5234 on any or all of the four above items.

FOR SALE: 1) Look PP136 Pedals with ARC Cleats - Brand New - Never Used - \$25.

2) Serotta T-Max Mountain Bike with XT group - 20 1/2" - \$750.

3) Hiking Boot Gators - \$10.

Call Marc Stecker at 433-2711 during work hours for any or all of the three above items.

SCHEDULE OF RIDES

January 1 12 Noon Third Annual Icicle Ride This will be a repeat of last year's ride to bring in the new year in a cycling kind of way. Plan on leaving Hillandale Park at noon on New Year's Day for a short ride to Bridgewater and back. This ride is for all categories and will be at a conversational pace. A stop is planned in Bridgewater for hot chocolate and warming the fingers/toes, if needed. Call Bill Taylor at 433-7154 or David Knicely to confirm and for more details.

Sundays 12 Noon Winter Training Rides This winter, plan on joining a group of cyclists who want to rush the winter season. We will be meeting on a weekly basis for rides of one to two hours in length - weather to dictate the distance. Ride leaders will include Marcia, David, Matt, and Bill on a rotating basis. First ride to begin on January 5. We will continue these rides through March. Rides will depend on weather - major snowfall accumulations could mean cancellation, so call Bill or David to confirm and for details. Shake off the cabin fever and join us!

1996 MILEAGES

When you have your 1996 total, call Neups to have it listed.

DUES

Remember to pay your dues when the date on your mailing label is either highlighted or marked through. The newsletter deadline is the third Monday of each month, so have your check in before then.

MEMBERSHIPS EXPIRING January/February - March

<u>Damarius Marion</u>	<u>Richard McGuffin</u>	<u>Gene Miller</u>	<u>Marc Stecker & Kay Huskins</u>
Art Fovargue Family	Dan Funkhouser	Marcia Lamphier & Larry Grossman	Neups

REMEMBER that the Newsletter is available for delivery via e-mail, fax, or regular mail. The same can be said for articles submitted for the Newsletter. Just e-mail to Neups at neups@shentel.net or fax articles to 564-5905. You may use the Club's P.O. Box 1014 for regular mail. Thanks.