



January - February NewsLetter

SVBC Officers

President: Michael Neupauer 434-1878

Vice President: Greg Gum 828-0520

Secretary: Michelle Gum 828-0520

Treasurer: Marcia Lamphier 289-6712

President's Column

The last two meetings have been quite interesting. It was nice to get a feel for what is going on with planning for bicycle routes in the city and county. Also, Officer Crawford gave us quite a few insights into police work on a bike.

The Skyline Drive is open. No, it's closed. No, it's open again. The closure would have still given bicyclists access to the portion closed to automobile traffic. That would have been quite a windfall to us. Keep watching as more unfolds.

The League of American Wheelmen, of which we are a member club, will be doing a monthly article on effective cycling. We are planning to get a copy of their video, but in the meantime, can use the articles directly in our newsletter. Look for these to start soon. They should prove very worthwhile.

Don't forget our January potluck meeting on the 11th. That one only starts at 6pm. And February's meeting on the 8th will continue our annual swap meet. Bring your excess equipment and buy, sell, or trade.

By the way, if anyone is thinking of having your bathroom remodeled, give me a call and I'll tell you who not to use.

Hoping to see more of you at the meetings.

Neups

November Meeting Minutes

Gary Cook of the Harrisonburg Planning Commission and Bill Vino from Rockingham County Planning and Zoning discussed the Bicycle Plan being proposed for the area. Much of the discussion centered on a way over Interstate 81 in the Port Road area. Having a Bike Plan in place means that the State Department of Transportation must incorporate Bike Lanes and Accesses into plans for any new roads or changes to existing roads.

Treasurer's Report was \$1024.15.

December Meeting Minutes

Officer Crawford of the Harrisonburg Police Department was our guest speaker. He discussed the recent experimentation with using bicycle patrols in conjunction with foot and vehicle patrols in high crime areas. He shared some of his experiences, arrests, close calls and funny stories about being one of the first two "Bike Cops" in town. He said that being on a bike allowed the officers to have much closer contact with the citizens of the neighborhood and was very effective in quieting down trouble spots.

Treasurer's Report was \$1031.31.

Schedule of Events

Saturdays - 1pm. Impromptu ride starting at Waterman Elementary
January 11 - 6pm. Monthly meeting, Valley Wellness Center. Our annual potluck dinner. Bring some food to share. The club will provide the drinks, ice, and utensils.
February 8 - 7:30pm Monthly meeting, Valley Wellness Center. Our annual swap meet. Buy, sell, or trade.

Welcome returning Members

Renewed Members

| | |
|-----------------|------------|
| Samuel Piercy | Waynesboro |
| Nancy Sheffield | Waynesboro |
| Steve Strider | Elkton |

Insurance Update

Our current insurance policy will conclude shortly and our current insurer will no longer be covering us. We will be switching to a new insurer.

As such, there are two forms in this issue of the newsletter that **MUST** be completed by **EACH AND EVERY MEMBER** of the club. Completing the form once will cover you as long as you remain an active member. It is imperative for us to receive these forms back as soon as possible so that we may continue as a club.

Please take the time now to complete the forms and mail them back to our post office box. When filling out the forms, please do NOT fill out the "witness" areas. While you're at it, complete the ballot and mail it back at the same time.

The details and logistics of the new policy will be discussed at the January and February meetings.

Neups

Classifieds

For Sale: Schwinn Sprint 10-speed. Hardly ridden. 23" frame. \$100. Call Neups.

Wanted to Buy: Bike Trainer. Especially interested in a roller type but will consider any kind. If you have one collecting dust and want to free up the space give me a call. Greg Gum.

**LEAGUE OF AMERICAN WHEELMEN ("LAW")
 RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT
 ("AGREEMENT")**

SHENANDOAH VALLEY

CONSIDERATION of being permitted to participate in any way in BICYCLE CLUB (Name of LAW Club) ("Club") sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of travelling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

3. HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS the Club, the LAW, their respective administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and leasers of premises on which the Activity take place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

| PARTICIPANT'S SIGNATURE | PRINTED NAME | DATE |
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Signature & Title of Witness _____ Address _____

**LEAGUE OF AMERICAN WHEELMEN ("LAW")
PARENTAL CONSENT RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK,
AND INDEMNITY AGREEMENT ("AGREEMENT")**

IN CONSIDERATION of my minor child being permitted to participate in any way in SHENANDOAH VALLEY BICYCLE (Name of LAW Club) ("Club") sponsored Bicycling Activities ("Activity") I agree:

1. I understand the nature of Bicycling Activities and the Minor's experience and capabilities and believe the Minor to be qualified to participate in such Activity. I further acknowledge that I and the Minor are aware the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of travelling are to be expected. I further agree and warrant and will instruct the Minor that if at any time the Minor believes conditions to be unsafe, he/she will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by the Minor's own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES incurred as a result of the Minor's participation in the Activity.

3. HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS the Club, the LAW, their respective administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity take place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASEES NAMED ABOVE, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS, LIABILITY, DAMAGE, OR COST ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I AND THE MINOR HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Name of Minor Participant

Signature of Parent or Legal Guardian

Signature of Witness

Date

Printed Name of Parent or Legal Guardian

Printed Name of Witness

Date