



October NewsLetter

SVBC Officers

President: Michael Neupauer 434-1878

Vice President: Greg Gum 828-0520

Secretary: Michelle Gum 828-0520

Treasurer: Marcia Lamphier 289-6712

President's Column

For those who missed it, the ice cream ride went great. The day was sunny and clear. We had twice as many riders this year as last. Look for it again next year.

At the September meeting Larry Hakel gave a good talk on bicycling in the Sheandoah National Park, even without the use of lights. The leftover Century goodies also helped "fill" the evening.

This month we move the meeting to the Valley Wellness Center. Ask at the front desk for the room location. It will still be at 7:30 pm. The talk will be by Scott Harlow and Serena Benson on their recent World Tour. Be sure to attend. (Especially since Scott is skipping his graduate class for this.)

Also, don't forget our trash pickup on October 17th, 8:30 am, at the R.R. Donnelly parking lot. I hope to see you there.

Have you been tracking your miles for the year? Let me know by letter or phone. We'll list them much as we do with the time trial results.

Neups

September Meeting Minutes

Larry Hakel of the Shenandoah National Park Service spoke on bicycling in the park. Several interesting statistics were given. For instance, 700,000 cars use the park each year along with 10,000 bicyclists. The idea of special bike lanes was brought up, but Mr Hakel explained that to widen the road to include bike lanes would require extensive excavation due to the fact that the park roads are so narrow. This excavation goes against the number one park mandate which is to preserve the park ecology and to keep it as undamaged as possible. So, while the end result of a 3 foot bike lane on each side of the road may not seem to be damaging, the means to that end would result in quite a bit of destruction to the road sides. Mr. Hakel also described an ongoing study for opening certain park maintenance roads to bikers. Currently, only the paved roads are open to bikes. He told us that the park is considering having some sort of special bike day on the park where part of the park would be closed to automobile traffic.

Art gave a preliminary Century report praising participants and volunteers. He even managed to sell half of the leftover T-shirts! Garth Kunkle and Brian Bowers set a new century record at 5 hours and 16 minutes.

Trash pickup day on October 17th was discussed.

The treasurer's report shows 609.00.

Michelle

Calendar of Events

- Saturdays 1 pm. Impromptu ride starting at Waterman Elementary School.
- October 2-4 Colonial Virginia Bike Trek, Williamsburg, Va. Neups has brochures.
- October 4 Paradise Bike Tour, State College, Pa. Neups has brochures.
- October 10 Sea Gull Century, Salisbury State College, Md. Neups has brochures.
- October 10 Capital City Bike Festival, Washington, DC. Call 202/783-0717.
- October 10-11 Fall Foliage Bike Ball, Ski Sawmill Mountain Resort, Morris Pa.
Call 800/532-7669.
- October 12 October Meeting, 7:30 pm, Valley Wellness Center.
Talk by Scott Harlow and Serena Benson.
- October 16-18 Mt. Dora Bike Festival - Mt. Dora, Florida.
Call Don Hohenstein for information 433-2521 (work).
- October 16-18 Bike Virginia Oktoberfest, Staunton, Va. Neups has brochures.
- October 18 Adams County Bike Ride, Gettysburg, Pa. Call 717/334-8151.

Welcome returning Members

New Members

Scott & Nancy Alexander & Family Harrisonburg
Tony Cascio Arlington
William Taylor Harrisonburg

Renewed Members

Dave Frye Mt. Crawford
Scott Harlow & Serena Benson Harrisonburg
Frank Hill McGaheysville
Jim & Charlene Mitchell Harrisonburg

10th Annual S V Century Report

After counting and recounting and recounting again, I've decided that 212 is the official number of participants in our Tenth Annual Shenandoah Valley Century. That's a record for us. Not that big numbers are the measure of a good successful century; they aren't. Our Tenth Annual was a very successful event and the measures were good organization, more than competent volunteers, lots of good food, calorific baked goods, great weather, lots of fun, and of course, numbers.

I haven't yet finished the post ride statistics, so you'll have to wait until next month to find out how many PB&J's were consumed. Needless to say, very little food was left.

What we did have left was one (count them, one) of our commemorative, designer quality, aqua, 10th annual SVC T-shirts -- medium sized. For \$6.00, a better cannot be found. First to call me (433-9247) and show up with the cash will own this collectors item.

Also, we have lots left to add to our "Lost and Found" department:

2 Water Bottles
1 Pullover type jacket (Don Ritchie?)
1 Sweatshirt
1 Pair Sunglasses
Another pair of sunglasses (a bit more sleek)
Suntan Lotion (15 spf)
Call if you're missing one of these.

On that note, let me terminate this with one last thought: Thanks to all volunteers, you did it again.

Art

Great State Trash-Off

Saturday, October 17th has been designated as the state wide trash pickup day. We will be cleaning our stretch of highway starting at 8:30 am. Please plan on helping out so that we can finish the task quickly. We will be meeting at the R.R. Donnelly Parking lot. Come out and give us a hand in cleaning up the roads that we travel over as we pedal down the highway.

2nd Annual Oktober Fest Tour - Bike Virginia Staunton, VA - October 16 - 18

Road marshals are needed to help with the 2nd Annual Bike Virginia Oktober fest Fall Foliage Tour. Road marshal will ride along with participants. Again this year, the event will center out of the Downtown Inn/Staunton.

A discounted entry of \$20.00 for road marshals (\$10 for Augusta County residents). Entry includes T-shirt, maps, sag support, rest stops, & lunch.

Anyone interested in helping with the tour may contact Bike Virginia/Box 203/ Williamsburg, VA 23187 or call 804/229-0507.

Dry River Time Trial Results

Name	4/14	5/19	6/2	6/9	6/16	6/23	6/30	7/7	7/14	7/21	7/28	8/4	8/18	8/25	9/1	9/15
Kevin Arnold												24:35				
Sue Arnold												26:36				
Larry Beller									26:50	27:03	26:55		25:43	25:28	25:17	
Jenny Burtner								29:15			27:08			26:47	26:41	27:20
Allen Clague			24:05	24:05	23:54	24:10	23:46	23:20	23:41	24:07	23:52	24:14	23:47	23:34	23:49	
Brian Clark											26:08					
Steve Clark											33:11					
Dwight Denlinger					23:40											
Bernie Edwards					30:09											
Dave Frye	27:36		27:07	26:27	26:15	26:07							26:09	26:11	25:38	26:53
Shaun Galang			24:26		24:12	24:12	23:45				24:52		25:11			
Steve Gardner								24:14								
Larry Grossman					27:27											
Adam Gutterman		26:14							26:19							
Tony Hackett																25:23
Ted Harris					26:01						26:45					
Jody Hensley	25:07				25:48											
Joe Hiney	25:10															
Bruce Johnson								29:37			30:47					
Dillon Johnson								30:37		31:31	31:46					
Carol Kiser												30:50				
Craig Lowery											23:37	23:28				
Mike Neupauer		25:17	24:34	24:39	24:31		23:45				24:07	24:26			23:20	23:28
Paul Payne										25:20						
Zack Perdue													27:29		27:02	
Darren Reed								23:40								
Deb Rigby												26:45				
Steve Slabaugh					23:54		24:01				24:15					
Mark Stecker			22:55		22:46		22:20					22:22	21:53			
Drew Shull			26:40													
Bill Taylor														26:55	26:51	
Chris Ward			21:40													
Doug Weatherall											30:03					
Mike Wenger				24:12	24:47		23:29		24:20							
Tim Wolters			28:09		28:27		27:22		27:47	27:23	29:48	27:51	28:20	27:23	26:36	
Steve Zanetti											23:23		22:48			



The Bicycle Travel Association
P.O. Box 8308, Missoula, MT 59807
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BICYCLE PARKING

As slight as the public pressure for bicycle parking may be, the problem of securing a bicycle in a safe and convenient way is real and is shared by every individual bicyclist. A well thought out and effectively executed bicycle parking program which appeals to both the implementors and the users is the answer to reducing bicycle theft and is a positive factor in encouraging bicycle use.

In keeping with that thought we are sharing with you this Bicycle Parking Coupon taken from the Chicagoland Bicycle Federation newsletter. The Federation has a Business Bicycle Parking Packet they distribute. You can reach them at PO Box 64396, Chicago, IL 68664 or call 312-42-PEDAL. If you get a recording punch 7. We also suggest consulting the advocacy section of The Cyclists' Yellow Pages for sources of information on bicycle parking. Below are some suggested uses for the coupon:

- Pass out at club meetings for members to use around the community.
- Print it in your newsletter: the coupon can be clipped out, copied by members and mailed or dropped off at local businesses.
- Make copies available to your Bicycle Coordinator or Bicycle Advisory Committee.
- Let your local Business Association know that the coupons will be in circulation; give them a copy of Tech Note #P1: Bike Parking Location (see Club Handbook)
- Distribute copies to bicycle shops.

BICYCLE PARKING COUPON

I am your customer and a bicyclist. You should know that it is difficult to find a place to park a bicycle near your business. Good accessible bicycle parking would make your business more attractive to me and many other customers. More and more people in our community are using bicycles for shopping and errands. This is good for our health, our environment and helps relieve traffic and parking congestion. By providing bicycle parking your business and the community will benefit.

For information on bicycle parking: where to put it, what types work best, how to turn unused space into productive customer bicycle parking, contact:

_____ at

_____ *Thanks.*

Customer signature _____

