

## **April NewsLetter**

### **SVBC Officers**

**President:** Michael Neupauer 434-1878

**Vice President:** Greg Gum 828-0520

**Secretary:** Michelle Gum 828-0520

**Treasurer:** Marcia Lamphier 289-6712

### **President's Column**

A new season is upon us. The new officers have met and come up with some good ideas. Now we're looking for the support to help carry them out.

The ride schedule is slowly forming. Currently we cover four nights a week. Leaders for weekend rides are needed. Call me in order to put your ride on the schedule. Anyone for a bagel ride?

Earth Day is the 26th. We need people to help us with our bicycle parking area. Come to the April meeting for planning of this event and for some bike videos.

We're all looking forward to a good season. Try to join in the events. Good riding to all.

Neups

### **March Meeting Minutes**

Jack Foster opened the meeting at 7:18pm on Monday March 9, 1992 at the Valley Wellness Center. About 7 members were present. Jack mentioned that his transmission gave out.

The ALAV Clean Air Challenge was briefly discussed. Marcia will return the questionnaire regarding the SVBC booth.

The Harrisonburg Cycling Classic was briefly discussed. It is on July 11.

Neups reviewed the Earthday organizational meeting he went to. We will have a booth & operate the bike corral. Art mentioned the theme this year is trees. Earthday is on April 26.

Marcia reported there is \$1556.78 in the treasury.

Art reported we have about 71 memberships.

Neups opened the Ballots received (since then, two more were received and are included in the count below). The results were as follows:

Office	Candidate	Votes
President:	Mike Neupauer	11
	Art Fovargue *	1
Vice President:	Greg Gum	7
	Jody Hensley	5
	Ed Strother *	1
Secretary:	Art Fovargue	3
	Michelle Gum	10
Treasurer:	Marcia Lamphier	10
	Ted Harris	3

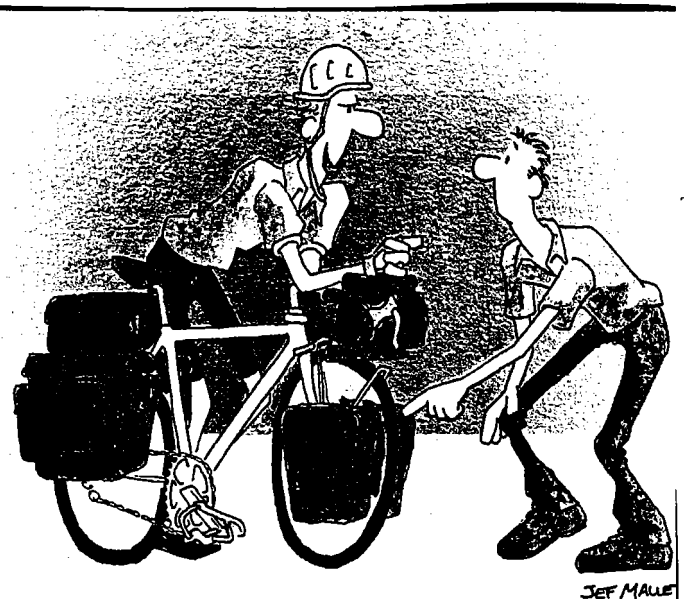
\* Indicates a write in nomination

It was decided to hold an executive meeting March 18th at Mr. Gatti's for power transferal.

It was noted that April's meeting topic is video's, but Neups didn't know what he had in mind.

The meeting closed at some time.

Respectfully Submitted  
(The Last Minute(s))  
Art Fovargue



"Nothing in them but Styrofoam packing peanuts ... drives the racers crazy on the climbs."

**- Calendar of events**

**April Events**

**RIDE CALENDAR - APRIL**

MARCH 29	30	31	APRIL 1	2	3	4
5	6	7	8	9	10	11
12	13 SVBC Meeting 7pm-Valley Wellness Center	14 Time Trials 5:45pm-Dayton	15 Training Ride 6:15pm Cool Breeze	16 Ted's Ride 6:15pm Keezletown Elem. School	17	18
19	20 Ladies' Ride 6:15pm Cool Breeze	21 Time Trials 5:45pm-Dayton	22 Training Ride 6:15pm Cool Breeze	23 Ted's Ride 6:15pm Keezletown Elem. School	24	25 Shenandoah Nat'l Park Clean-up Day
26 Earth Day Hillandale Park 1-6pm	27 Ladies' Ride 6:15pm Cool Breeze	28 Time Trials 5:45pm-Dayton	29 Training Ride 6:15pm Cool Breeze	30 Ted's Ride 6:15pm Keezletown Elem. School	MAY 1	2

**\*\*Helmets are required for all CLUB rides.\*\***

April 18th Staunton Training Race, USCF. Information can be obtained from Kristin Bakke. 703/886-2351.

**Welcome to the following new members**  
We hope you all have great spring time riding.

Patrick Foster  
Bruce Frank  
Ann & Bruce Johnson  
Darlene Mowbray  
David Randall-Bodman  
Marc Stecker

Harrisonburg  
Staunton  
Keezletown  
Grottoes  
McGaheysville  
Harrisonburg

**Wanted from "Old Time" SVBC members**

Need issues of the SVBC Newsletters for our library. If you have any of the following issues, call the secretary. We'll copy them so that you can keep the original if you so desire.

**Dates Needed:**

Feb 1985  
Mar 1985  
May 1985  
July 1985  
Aug. 1985  
Dec 1988

**!!! Attention Ladies !!! !!! Attention Ladies !!!**

The return of "Monday Night Ladies' Rides" is on April 6th at Cool Breeze Cyclery & Fitness at 5:45 pm. There will be a ride just for women every Monday evening at 5:45 pm. Casual ride, easy pace. Come join in the fun.

Ride leaders needed - Sign up now to be a "Ladies Ride" leader. Contact Suzie Trubitz (Cool Breeze 433-0323) or Marcia Lamphier (289-6712).

## Future Events

May 2,3 1992 Commonwealth Classic Cycling Tour, 124 Miles, Benefits the Leukemia Society. For more info call 1-800/886-4483.

May 9 Annapolis Spring Century

June 20 - 27 GRABAAWR VII, Great Annual Bicycle Adventure Along the Wisconsin River, 500 miles, \$140, info 608/256-2686.

June 30 - July 5 LAW National Rally, River Falls, Wisconsin, info 715/425-4484.

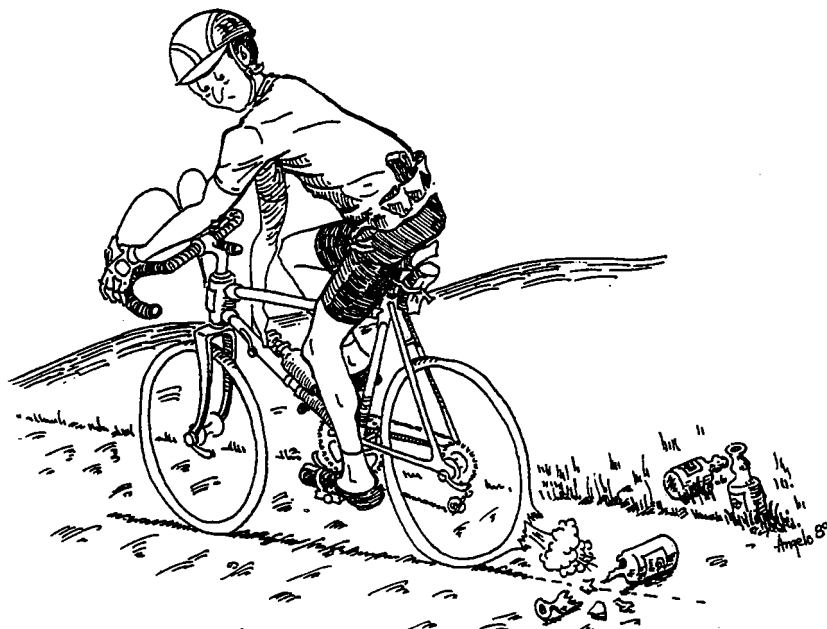
July 2 - 5 BAM 92, bicycle Across Massachusetts, 55-65 mile/day, \$145, info 505/268-5207.

July 25 - Aug. 2 NYRATS, New York Ride Across The State, 650 miles, \$385, Buffalo to NYC, info 716/648-6272 or 716/885-4633.

Aug. 2 - 8 Cycle Colorado, 465 miles, \$140, info 303/254-8520.

Aug. 7 - 10 GEAR '92, Canton, NY, info 315/379-5659.

August Masters Eastern Sectional Championships, Staunton, USCF.



"THIS BUDS FOR YOU"

For more information on bicycling contact:  
League of American Wheelmen  
190 W. Ostend St., Suite 120, Baltimore, MD 21230-3731

**SHENANDOAH VALLEY BICYCLE CLUB MEMBERSHIP APPLICATION**

☐ If this box is checked, your dues expire this month

Name(s) \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_  
street city state zip

Check type of membership desired:

INDIVIDUAL \_\_\_ (\$7) FAMILY \_\_\_ (\$10) JUNIOR (12-16 Yrs.) \_\_\_ (\$4)

NOTE: Membership begins in March of this year, and lasts until next March.

PLEASE INDICATE YOUR INTERESTS BELOW

RIDE CLASS DESIGNATION	APPROX. SPEED (MPH)	APPROX. DISTANCE (MILES)	CHECK HERE
A	14-22	25-100	_____
B	12-16	15-60	_____
C	8-12	10-35	_____
D	less than 10	5-15	_____

INDICATE TYPE(S) OF CYCLING IN WHICH YOU ARE INTERESTED

\_\_\_ Racing \_\_\_ Off-Road \_\_\_ Recreational \_\_\_ Overnight Tours \_\_\_ Other (specify)

WOULD YOU BE INTERESTED IN SERVING ON ANY OF THE FOLLOWING COMMITTEES?

\_\_\_ Racing \_\_\_ Touring \_\_\_ Program \_\_\_ Safety \_\_\_ Century

**SHENANDOAH VALLEY BICYCLE CLUB RELEASE**

All club members must sign the release below. For persons under the age of 18, the parent or guardian must sign. Any person riding on an invitational status must furnish a release. This signed release will remain in effect as long as the Club is officially active.

In signing this release for myself, or for the named entrant, I hereby agree to absolve and hold harmless the Club, the Club officers, and the members, also any others connected with events sponsored by the Club in any way whatsoever, for blame or liability for any injury, misadventure, harm, loss, or inconvenience suffered. I understand that the Club is not responsible for and is not an insurer of my personal safety. I also hereby consent to and permit emergency medical treatment in the event of injury or illness. I shall abide by traffic laws and practice courtesy and safety in cycling.

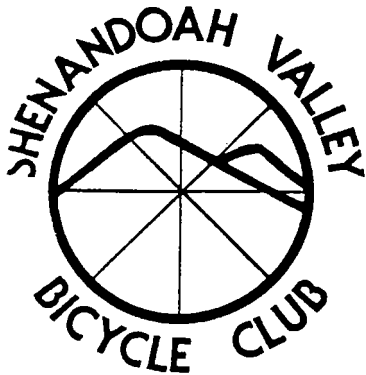
\_\_\_\_\_  
signature of Club member or applicant

\_\_\_\_\_  
date

\_\_\_\_\_  
signature of parent or guardian of member under 18

RETURN TO: Shenandoah Valley Bicycle Club, P.O. Box 1014, Harrisonburg, VA 22801

☐ If this box is checked, your dues have expired, and this is your last newsletter



P.O. Box 1014  
Harrisonburg, VA  
22801

Gregory & Michelle Gum  
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Bridgewater, VA 22812

printed on recycled paper

**Cool Breeze Cyclery and Mark's Bike Shop contribute to the cost of the monthly newsletters**