

NOV-DEC '91



**Cyclists, Families and Friends:
Have a Great Time riding in the
Harrisonburg 50 th
Anniversary
Christmas Parade
on behalf of the
American Lung
Association
Friday, December 6**



7:00 PM

Win Ski Passes—Best Decorated Bike will win a gift certificate from Homestead Ski Area for lift tickets for two, lesson and rental equipment. Decorate your bike before the parade, streamers and other supplies will be available on a first come basis, or be creative with your own decorations.

Bring friends and family (marchers also needed to carry banner and signs.)

Meet behind the Municipal Building at 6:15, Look for the American Lung Association (Ask Parade Marshalls) or call 434-LUNG during the week of December 2 for exact line-up position .

HANEMAN

Dec 9th Meeting 7p.m. Wellness Center
A NIGHT AT THE RACES
Showing of Subaru Cycling Classic
Mountain Bike Racing in Europe

October Membership Meeting

The meeting was opened sometime after seven p.m., Monday, October 14, 1991 at the Valley Wellness Center. VP Neups presided. Nine were in attendance.

Marcia Lamphier reminded all of the need for volunteers at the Bike Virginia rides in Staunton this coming weekend.

The Adopt-A-Hiway pickup schedules for 10/19 is moved to 11/2 due to the Octoberfest.

Gene Layman thought the City of Harrisonburg has a committee working on bicycling related issues. No one else was aware of. Gene will try to get more information on it.

Art Fovargue invited anybody who wanted to attend the VDOT Bicycle Advisory Committee meeting Friday evening as his car has clutch trouble. There were no takers. Art recapped that there are funds available for local bicycle facilities but a "Bicycle Plan" has to be in place.

Neups recounted the "3% solution" legislation before Congress, but didn't know where it stood.

Marcia gave the Treasurer's report; There is \$825.20 in the account. At this point Dave Frye presented his dusty \$240 some odd Newsletter postage bill. Art gave Marcia the copying bill.

Meetings for November through February were scheduled at the Valley Wellness Center including the Annual Meeting (FOOD) in January (probably 6 pm and a SWAP meet in February.

The November & December Newsletters will be combined.

It was decided to hold impromptu rides, weather permitting, through the winter months, leaving from Waterman Elementary at 1 pm on Saturdays.

Art asked if we should plant on elections soon. There was not much discussion.

The meeting adjourned about 8:20.

NEW MEMBERS

Welcome to our latest members:

Bill & Jane Gaidos	Edinburg
Christy Morgan	Harrisonburg
Samuel Piercy	Waynesboro
Bruce & Carrie Wallinger	Mt. Jackson

We look forward to meeting all of you soon, on the road or at a meeting. There are presently 72 active memberships in the

Bicycling on Virginia's Public Roads

Each year thousands of bicyclists ride the public roads of the Commonwealth of Virginia. Touring bicyclists frequently make use of the long distance bicycle routes that pass through the state. Other recreational bicyclists ride in their own neighborhoods and take day trips. While most bicyclists ride for fun, many ride to work or school, to recreation areas, or to the store. As a result, bicyclists in ever increasing numbers are sharing the road with motorists.

The laws regulating bicycling on Virginia's public highways define the rights and duties of bicyclists as well as the motorists with whom they share the roadway. Bicyclists and motorists basically have the same rights and duties, and the laws governing traffic regulation apply equally to both.

The following summary is intended to help bicyclists understand the laws which apply to the operation of bicycles in Virginia.

Definitions

A **bicycle** is defined as a device propelled solely by human power, having pedals, two or more wheels, and a seat height of more than 25 inches when adjusted to its maximum height. A bicycle is a vehicle when operated on the highway.

A **highway** is defined as the entire width between the boundary lines of every place open to public use for purposes of vehicular travel.

A **roadway** is defined as the portion of the highway improved, designed, or ordinarily used for vehicular travel, exclusive of the shoulder.

A **vehicle** is defined as every device used for the transportation of people or property on a highway.

Traffic Controls

Bicyclists must obey all traffic signs, signals, lights, and markings.

Where to Ride

Bicyclists must ride with the flow of traffic on the right side of the highway.

Bicyclists must ride as close as possible to the right edge of the roadway. Exceptions to this are when bicyclists are overtaking and passing another vehicle, preparing for a left turn, avoiding unsafe conditions, or when the lane width is too narrow to share with a motor vehicle. Additionally, bicycles are not excluded from riding on the highway shoulder.

Bicyclists must not ride between two lanes of traffic moving in the same direction unless one lane is a separate or mandatory turn lane.

Bicyclists must ride single file on highways. Bicyclists may ride two or more abreast on paths or parts of highways designated exclusively for bicycle use.

Bicyclists are not permitted to ride on Interstate and certain other controlled access highways. The restricted sections of the highways are marked with conspicuous signs.

If a usable bicycle path is located next to a roadway and local ordinance requires its use, bicyclists must ride on the path, not the roadway.

Bicycles may be ridden on sidewalks unless prohibited by local ordinance or traffic control devices. While on sidewalks, bicyclists must always yield the right of way to pedestrians and give an audible signal before passing a pedestrian.

Bicyclists pulling onto a sidewalk or highway from a driveway must yield the right of way to pedestrians or vehicles already on the sidewalk or highway.

Changing Directions

Bicyclists must signal their intentions to stop or turn. The proper signals are made with the left arm as follows:



The signals do not have to be given continuously if both hands are needed to control the bicycle.

SHENANDOAH VALLEY BICYCLE CLUB MEMBERSHIP APPLICATION

If this box is checked, your dues expire this month

Name(s) _____ Phone _____

Address _____
street city state zip

Check type of membership desired:

INDIVIDUAL (\$7) FAMILY (\$10) JUNIOR (12-16 Yrs.) (\$4)

NOTE: Membership begins in March of this year, and lasts until next March.

PLEASE INDICATE YOUR INTERESTS BELOW

RIDE CLASS DESIGNATION	APPROX. SPEED (MPH)	APPROX. DISTANCE (MILES)	CHECK HERE
A	14-22	25-100	_____
B	12-16	15-60	_____
C	8-12	10-35	_____
D	less than 10	5-15	_____

INDICATE TYPE(S) OF CYCLING IN WHICH YOU ARE INTERESTED

Racing
 Off-Road
 Recreational
 Overnight Tours
 Other (specify) _____

WOULD YOU BE INTERESTED IN SERVING ON ANY OF THE FOLLOWING COMMITTEES?

Racing
 Touring
 Program
 Safety
 Century

SHENANDOAH VALLEY BICYCLE CLUB RELEASE

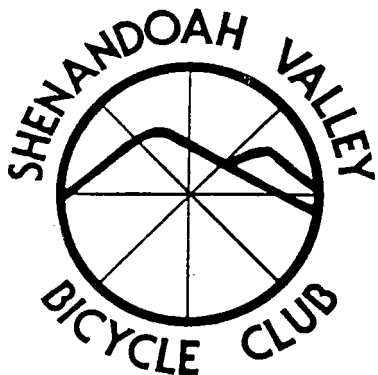
All club members must sign the release below. For persons under the age of 18, the parent or guardian must sign. Any person riding on an invitational status must furnish a release. This signed release will remain in effect as long as the Club is officially active.

In signing this release for myself, or for the named entrant, I hereby agree to absolve and hold harmless the Club, the Club officers, and the members, also any others connected with events sponsored by the Club in any way whatsoever, for blame or liability for any injury, misadventure, harm, loss, or inconvenience suffered. I understand that the Club is not responsible for and is not an insurer of my personal safety. I also hereby consent to and permit emergency medical treatment in the event of injury or illness. I shall abide by traffic laws and practice courtesy and safety in cycling.

signature of Club member or applicant date signature of parent or guardian of member under 18

RETURN TO: Shenandoah Valley Bicycle Club, P.O. Box 1014, Harrisonburg, VA 22801

If this box is checked, your dues have expired, and this is your last newsletter



P.O. Box 1014
 Harrisonburg, VA
 22801

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Cool Breeze Cyclery and Mark's Bike Shop contribute to the cost of the monthly newsletters